

Our Mission

The Kennett Area Senior Center helps adults, 50 and better, live healthy, active, and independent lifestyles.

Nov/December 2025

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CENTER SCOOP

Celebrating over 50 years of service to our community!

Message from our Executive Director

Dear Friends,

First, thank you to all our veterans for your service and sacrifice. We wish you a happy and healthy Veterans Day and extend our deepest gratitude for your service to our country. Please join us on Monday, November 10th at 12:00 PM for a Special Recognition Lunch Honoring Our KASC Veterans, as we celebrate those who have served. The Center will also be open regular hours on Tuesday, November $11^{\rm th}$. Please stop by and share in the camaraderie!

We're looking forward to a full month of engaging programs and activities.

Wednesday, November 5, 6–8 PM: "Estate Planning" Living Well Speaker Series at the Kennett Library

Monday, November 10, 12:00 PM: Special Recognition Lunch Honoring Our KASC Veterans (pre-registration is required)

Thursday, November 13, 12:45 PM: *Historic Research Speaker* presentation

Tuesday, November 18, 10:00 AM-2:30 PM: AARP Safe Driver Refresher Course (pre-registration required)

Please note that the **Center will be closed November 26–28** for the **Thanksgiving holiday** so that our staff and volunteers can enjoy time with their families.

Critical Funding Challenge

The ongoing **Pennsylvania state budget impasse** has created a serious funding challenge for senior centers across the Commonwealth. Our largest funder, the Chester County Department of Aging Services (CCDAS), has significantly reduced our support. Because CCDAS provides **30% of our annual budget**, this reduction has a direct impact on our ability to maintain the programs and services that so many older adults depend on. Beginning December 1st, we'll reach out to our community for help. Your financial support will be essential to ensure we can continue offering the high-quality programs, meals, and resources our participants need and deserve. **We truly need you now more than ever—and we hope you will stand with us.**

In response to this crisis, the Pennsylvania Association of Senior Centers has issued a statewide *Call to Action*. Please see page 3 for details on how you can make three simple phone calls to urge lawmakers to end the budget impasse and restore full funding for senior community centers.

Together, we can make sure older adults in Chester County continue to have the support, connection, and care they deserve.

Wishing you all a Happy Thanksgiving! We're thankful for each and every one of you, come gather with us this month and be part of the fun!



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KASC LEGACY GIVING PROGRAM

For over 50 years, the Kennett Area Senior Center has been a cornerstone in the lives of countless older adults. Every day, we provide essential services that enhance the well-being, health, and social connections of our seniors, allowing them to live with dignity, independence, and joy. From nutritious meals and wellness programs to social activities and educational workshops, our services offer a lifeline to individuals who depend on us.

But as we look toward the future, we recognize the growing needs of our aging population. The demand for our programs and services continues to increase, and with it, the responsibility to ensure the Center remains a welcoming and supportive space for all seniors in our community. This is where your legacy can make a profound difference.

What is a Legacy Gift?

A legacy gift is any gift that is given out of your assets. This may include naming the Kennett Area Senior Center in your will and listing the Center as a beneficiary in your retirement plan, giving out of a donor-advised fund, or giving gifts of property or securities.

Why Legacy Giving?

Legacy giving offers a unique opportunity to make a meaningful contribution without impacting your financial situation today. By including the Kennett Area Senior Center in your will, trust, or estate plan, you create a future of hope and security for seniors in Kennett and the surrounding area. Your gift can provide stability for our Center and ensure that generations of seniors will continue to benefit from our wide range of services and programs.

The Power of Your Legacy

When you choose to include the Kennett Area Senior Center in your legacy giving plan, you are doing much more than donating. You are investing in the future of our community, ensuring that seniors will have access to vital resources and a sense of belonging. Whether it's a bequest, beneficiary designation, or charitable remainder trust, your gift will leave an indelible mark, reflecting your commitment to the well-being of others.

How to Get Started

Including the Kennett Area Senior Center in your legacy giving plan is simple and flexible. You can choose the type of gift that best aligns with your goals and values. We encourage you to speak with your financial advisor or attorney to explore the best options for your situation.

By making this important decision, you can ensure your legacy lives on, supporting the health and well-being of seniors in our community. Visit the <u>KASC Legacy Gift Guide</u> to learn more.

The PA State Budget Impasse Puts Senior Centers at Risk!

The State of Pennsylvania is currently at a <u>budget impasse</u>. This means that no new funds can come from the state government.

Most Senior Centers depend on state funding.

Without a budget, contractors responsible for funding senior centers cannot be fully reimbursed, and senior centers will be forced to cut services & staff, and/or close facilities.

Older Pennsylvanians could lose access to critical services provided by Senior Centers

* Hot meals * Exercise * Education * Socialization *

- * Assistance applying for benefits * Opportunities for personal growth *

 * Case management * Advocacy * Information and referrals *
- The PA House of Representatives has approved a budget which will allow senior centers all over Pennsylvania to continue providing critical services, but it must also pass the State Senate
- The Senate has only passed a flat-funded budget of past year allocations, which is unrealistic.
- Pennsylvania Senators Pittman, Ward, and Martin are responsible for bringing a budget to the floor for a vote.

CALL SENATORS JOE PITTMAN, KIM WARD, AND SCOTT MARTIN, AND TELL THEM: PASS A BUDGET FOR THIS YEAR, NOT LAST YEAR

11 Contact Pennsylvania Senate Leadership 11

Majority Leader - Joe Pittman

☐ (724) 357-0151

President Pro Tempore - Kim L. Ward

☐ (724) 600-7002

Appropriations Committee Chair - Scott Martin 27 (717) 397-1309



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Center Highlights!

The fall brought lots of fun and activities to the Center. We introduced Chair Volleyball and kicked off Eagles season with an exciting game of Center Football. Then we set sail on an unforgettable Titanic Adventure Day.

Guests stepped back in time aboard the Titanic, receiving boarding tickets to enter our elegant "first through third class dining room" where Marci and her volunteer crew served a delicious lunch. Everyone enjoyed a virtual ship tour, table games, and a spirited costume contest with many dressed in true first-class style complete with hats, gloves, and pearls. It was a day full of laughter, imagination, and history brought to life.

















Sharing Our Story: A Taste of the Center Experience

On Thursday, October 23rd we hosted a special event called *A Taste of the Center*. The evening was filled with laughter, conversation, and a true sense of community as guests experienced a "day at the Center", complete with great food, friendly competition, and a few fun surprises.

Guests enjoyed a delicious meal of our typical lunch fare, prepared by Kitchen Supervisor Marci Mebane and her dedicated volunteer crew. Just as they do for our daily participants, the team created a meal that nourished both body and spirit, a perfect introduction to one of the many ways the Center brings people together.

After lunch, visitors joined in two lively table activities: Rebus puzzles and a round of Family Feud. The room was filled with laughter, teamwork, and more than a little friendly competition. Then we wrapped up the evening with a line dancing lesson led by our talented volunteer instructor, Jeanne Searer, followed by a taste of our popular SilverSneakers class with our instructor Richard Bellot.

We thank Program Coordinator Debbie Johnston for designing and leading such a fun and creative interactive experience that captured the true spirit of our programs.





It was wonderful to see guests fully engaged, meeting new people, being challenged, and having fun, just like our participants do every day. Special thanks to our Board Members, who invited friends, family, and community members to join in and share the good news of KASC. Your outreach helps us expand our circle of connection and community support.

We are so grateful to **Matt and Sherry Grieco of Grieco Funeral Home and Crematory**, whose generous sponsorship helped to make this event possible. Their support helps us continue our mission of promoting health, independence, and connection for adults 55+ in southern Chester County.

A Taste of the Center was more than just a meal, it was a celebration of togetherness, purpose, and the joy of belonging.

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In case of bad weather...

Winter weather will soon be upon us and there will be days where you might question whether or not KASC is open, particularly if the weather is 'frightful' outside. If the **Kennett Consolidated School District** is closed or there is any type of delay in opening, we will be closed. You can check your local news stations to see if there is an announcement. Additionally:

- " Call us @ (610) 444-4819. If we close on a given day, we will update the message on our answering machine.
- " Visit our website @ <u>www.kennettseniorcenter.org</u> where we will post a notice right on the **green** banner on the home page.
- " Check out our Facebook page—@Kennett Area Senior Center, for updates or announcements.



If you need to connect with community resources and don't know where to look, **PA 2-1-1** can help.

No matter the situation, the specialists at 211 listen, identify underlying problems, and connect people in need with resources and services in their community that improve their lives.

Dial **211** or text your zip code to **898211** to speak with a resource specialist for free.



Kennett Area Senior Center Provides These Services

- · Information and Referral Services
- Medicare / Medicaid Counseling
- Free Tax Prep Hosting (in partnership with AARP, early February-April)
- Rent Rebate Assistance
- Reading or filling out forms
- Tech Help
- · Food distribution

Memories in a Meal by Marci Mebane

Once in a while we are served a meal that takes us back to sweet memories of long ago. Maybe it was an event we forgot about or a person we haven't seen or thought of in a long while that brings a smile to our face. For me, I tried a new recipe and it brought me right back to the sweet lady who cared for me while my parents were at work. She was a wonderful cook and her Gwumpki (stuffed cabbage rolls) were one of my favorites. I took that recipe and turned it into a soup and now memories of her are in the bowl every time I serve it. Do you have any recipes that bring back fond memories? I would love for you to share them with me!

Stuffed Cabbage Soup

Ingredients:

- 2 pounds ground beef
- 1 cup diced onion
- 4 cloves minced garlic
- 2 cups diced carrots
- 8 cups chopped green cabbage
- 12 cups beef broth
- 2 28oz. cans tomato sauce
- 2 bay leaves
- 1/3 cup brown sugar

Salt and pepper to taste

2 cups cooked brown rice

Directions:

- Cook ground beef and onion in a large pot over medium-high heat until beef is browned.
- Add garlic and cook one more minute.
- Add remaining ingredients except rice to pot, season with salt and pepper to taste and bring to a boil.
- Reduce heat to simmer and continue cooking for 30 minutes.
- Add cooked rice and heat 10 more minutes.
- Remove bay leaves before serving.

KITCHEN SHOUT OUT

Thank you to the following for donations from their garden to the Congregate Meal Program:

Ray & Cindi Coe Fred Wisseman Gary Holcomb



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Rent / Property Rebate Program



Homeowners and renters in Pennsylvania may be eligible to receive up to \$1,000 through a standard rebate. The amount of money you will receive is based on your income.

Criteria

- 65 and older
- · Widows and widowers 50 and older
- · People with disabilities 18 and older

The household income must be \$45,000 or less annually.

Let us assist you with online filing; the faster safer way to file! For more information, please contact Lori Holcombe, Information & Assistance Coordinator 610-444-4819.

Medicare Assistance Available Free of Charge!

PA MEDI (formerly APPRISE) is a statewide service operated by the Pennsylvania Department of Aging and is the known and trusted local resource for Medicare help. Did you know KASC has a Medicare Counselor who comes in every other Thursday from 9:00 a.m. to noon? They provide free, unbiased personalized help with:

- Original Medicare
- Medigap (Medicare supplement)
- Medicare Advantage plans
- Prescription drug plans
- Enrollment assistance
- Medicare financial assistance programs
- Medicare appeals
- Long-term care insurance
- Coordination of benefits

All services are free, confidential, and delivered by specially trained certified counselors through the Department of Aging.

Please contact Lori Holcombe, Information & Assistance Coordinator, at 610-444-4819 to schedule an appointment. We cannot accommodate walkin appointments.

Lori Holcombe

Information & Assistance and Member Services Coordinator

610-444-4819

<u>lholcombe@</u>
<u>kennettseniorcenter</u>
<u>.org</u>

Lori is available by appointment to discuss your needs and assist in determining the appropriate resources needed. Call or email to make an appointment.







Programs and services partially funded by Chester County Department of Aging Services and PA Department of Aging.



The Medicare Annual Open Enrollment Period runs from October 15 – December 7. This enrollment period gives you a chance to revisit your plan choice and make changes if needed. The changes you can make include the following:

Switch to a different Medicare Advantage plan (Part C).

Drop your Medicare Advantage plan and switch to Original Medicare (Parts A & B).

Enroll in a Medicare prescription plan (Part D), if you go back to Original Medicare.

Medicare counselors will be available for Open Enrollment appointments at KASC on October 28th, November 13th, and December 4th from 9:00 AM to 1:30 PM. Open Enrollment is in addition to our normal counseling days which are the first and third Thursdays of the month.

To schedule appointments, contact Lori Holcombe at 610-444-4818, ext. 115.



Stay Warm This Winter—Help is Available!

LIHEAP can help you keep your home warm and safe during the coldest seasons. From **December 3, 2025, to April 18, 2026**, you can apply for a cash grant to help pay your heating bill. You can receive from \$200 to \$1,000 based on your household size, income, and fuel type.

The cash grant is a one-time payment. The grant will be sent directly to your utility provider or fuel company to be credited on your bill.

Due to the federal government shutdown and lack of federal funding, the 2025-2026 LIHEAP season opening is delayed until December 3, 2025, contingent on availability of federal funding. If the federal government does not reopen or funding is not released to states, Pennsylvania cannot begin the normal LIHEAP season until funding is received. Regular LIHEAP Cash and Crisis applications will not be accepted until the season opens. LIHEAP Cash preseason applications are still accepted, but payments and notices will not be sent until the federal shutdown ends.

For more information, contact Lori Holcombe, Information and Assistance Specialist, at 610-444-4819, or lholcombe@kennettseniorcenter.org.

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ESTATE PLANNING

PROTECTING YOUR WISHES AND YOUR LOVED ONES

A free, informative session open to all—part of the Kennett Area Senior Center's Living Well Speaker Series.

Join local attorney, Jamison C. MacMain for a practical, easy-to-understand session on estate planning. He'll cover why everyone needs a will, what key documents you should have in place, how to choose the right executor, what happens if you leave no plan, and how to share your wishes for future care. You'll also learn what questions to ask yourself to be sure your estate plan is complete.

Speaker: Jamison C. MacMain, Esquire

MacElree Harvey, Ltd

Where: The Kennett Library Spruce Room

320 E State St, Kennett Square PA

When: Wednesday, November 5, 2025

6:00 pm to 8:00 pm







Kennett Area Senior Center 427 S. Walnut Street, Kennett Square (610) 444-4819



OPEN ENROLLMENT

Free Medicare Counseling at the Kennett Area Senior Center

If you are new to Medicare or currently on Medicare and would like to make a change or review your current plan, we are here to help.

You can:

- → Change your Medicare Advantage Plan
 - → Change your drug plan
 - → Change how you get coverage

To make an appointment see Lori Holcombe, Member Services Coordinator, or call 610-444-4819.

Appointments are required.

Kennett Area Senior Center, 427 S Walnut St., Kennett Square, PA



AARP SMART DRIVER SAFETY CLASS

This 4-hr course teaches you evidence-based strategies to keep you safe behind the wheel.

Limited seating & pre-registration is required.

Call or stop in at the Center to register.

Kennett Area Senior Center 427 S. Walnut Street Kennett Square, PA 19348 (610) 444-4819

Attendees must have completed a prior state-approved driver course within the past 3 years

AARP Members: \$20 Non-AARP Members: \$25 Make Checks Payable to AARP

Please check with your insurance company to learn of any discounts. Those with United Healthcare supplemental Medicare insurance take the course for free. Proper ID required.

SENIOR LIVING OPTIONS

A free, informative session open to all—part of the Kennett Area Senior Center's Living Well Speaker Series.

With so many options available, choosing the right one for your lifestyle and future can feel overwhelming. This session offers a helpful overview of the benefits, challenges, and financial considerations of each path—from staying in your home, to moving to a 55+ or retirement community, and more.

Get the clarity you need to make an informed decision.

Speaker: Michele Berardi, Senior Director of

Communications and Public Relations for

Kendal-Crosslands Communities

Where: The Kennett Library Spruce Room

320 E State St, Kennett Square PA

When: Wednesday, December 3, 2025

6:00 pm to 8:00 pm







Kennett Area Senior Center 427 S. Walnut Street, Kennett Square (610) 444-4819

**C Daily Lunch Menu - November*

Pre-registration is required. Lunch reservations may be made up to 12:00 p.m. (noon) on the last business day KASC is open before the reservation date. Please sign up in the lunch book or call (610) 444-4819. If you reach the answering machine please leave a message with your name and date(s) for which you wish to make a reservation.

	ase leave a message with				
Monday	Tuesday	Wednesday	Thursday	Friday	
3 Cheese Stuffed Shells Garden Salad Italian Bread Milk Fruit Cocktail	4 Mandarin Chicken Salad Platter Dinner Roll Milk Ice Cream	5 Meatball Sandwich Pasta Salad Milk Chocolate Pudding	6 Garlic & Herb Tilapia Brown Rice Carrots Dinner Roll Milk Pineapple	7 Grilled Turkey & Swiss Sandwich Tomato Soup Milk Strawberries	
VETERAN'S RECOGNITION LUNCH Chicken Parmesan Penne Pasta Garden Salad Milk	11 ILSTO LITCHEN LUESDAY NEW MENU ITEM Salisbury Steak Mashed Potatoes Green Beans	12 Tuna Sandwich Chicken Corn Soup Grapes Milk Oatmeal Cookie	13 Chicken Enchiladas Bean Salad Brown Rice Milk Fresh Fruit	14 Sausage & Peppers Sandwich Italian Wedding Soup Milk Strawberries	
17 Sloppy Joe Sandwich Cole Slaw French Fries Milk Mandarin Oranges	NOVEMBER Brithday Soup and Salad Bar	19 Pesto Chicken Pasta Garden Salad Italian Bread Milk Strawberries / Vanilla Pudding	20 French Toast Casserole Sausage Links V8 Milk Fresh Fruit	21 Egg Salad Sandwich Chicken & Rice Soup Milk Applesauce	
24 Breaded Fish Filet Scalloped Potatoes Mixed Vegetables Milk Jello	25 Chef Salad Dinner Roll Milk Chocolate Chip Cookie	26, 27, 28 ENJOY YOUR THANKSGIVING HOLIDAY!			
	Chester County Department of Aging Services	PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	Lunch is served at 12:00 pm	For those age 60+, a voluntary, confidential \$2.00 donation for Chester County Dept. of Aging is requested. The cost of lunch for those under age 60 is \$5.70.	

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. IMPORTANT NOTICE: Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.

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KASC Activities - November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
}	4	5	6	7
:00 Coffee &	9:00 Coffee & Conversation	9:00 New You! (CR) -	9:00 Coffee & Conversation	9:00 Coffee & Conversation
Conversation	9-3 Games / Cards / Puzzles	preregistration required	9-12 Medicare Counseling	9-3 Games/Cards/ Puzzles
-3 Games/Cards/ Puzzles	10 Bread/Baked Goods	9 Coffee & Conversation	9-3 Cards/Games/Puzzles	10 Mahjong
0 Bread/Baked Goods	10 Mental Gymnastics	9-3 Games/Cards/Puzzles	9:30 Line Dancing (WE)	10:30-11:00 One-on-One
:30 Fiber Arts Group	11 Tai Chi Chih*	10 Bread/Baked Goods	10 Bread/Baked Goods	Tech Help (By Appt only)
0:55 Silver Sneakers	12 Lunch	10:15 Alzheimer's Support	10 Words of Life Group	12 Lunch
2 Lunch	12:45 Rummikub	Group (CR) 10:55 Silver Sneakers	10:55 Silver Sneakers	1:00 Chair Yoga*
2:30 Bingo	12:40 Easy Peasy Art	12 Lunch	12 Lunch	
STOCKINGS FOR SOLDIERS COLLECTION	1-2 Aqua-Kendal	12:30 Produce	12:45 BUNCO with CHATHAM!!	
STARTS NOW THROUGH	1-3 YMCA	12:45 Photo Class	1-2 Aqua-Crosslands	
FRI 11/14		12:45 Canasta	1-3 YMCA	
		12.45 Cariasta	6-7:15 Line Dancing	
10 VETERAN'S WEEK	11	12	13	14
9:00 Coffee &	9:00 Coffee & Conversation	9:00 New You! (CR) –	9:00 Coffee & Conversation	9:00 Coffee & Conversation
Conversation	9-3 Games /Cards/ Puzzles	preregistration required	9-1:30 Medicare	9-3 Games/Cards/ Puzzles
9-3 Games/Cards/	10 Bread/Baked Goods	9 Coffee & Conversation	9-3 Cards/Games/Puzzles	10 Mahjong
Puzzles	10 Mental Gymnastics	9-3 Games/Cards/Puzzles	9:30 Line Dancing (WE)	10:30-11:00 One-on-One
10 Bread/Baked Goods	11 Tai Chi Chih*	10 Bread/Baked Goods	10 Bread/Baked Goods	Tech Help (By Appt only)
9:30 Fiber Arts Group	12 Lunch	10.55 Silver Sneakers	10 Words of Life Study Group	12 Lunch
10:55 Silver Sneakers		12 Lunch	10:55 Silver Sneakers	1:00 NO CHAIR YOGA
12 Lunch Honoring All	12:40 Easy Peasy Art	12:30 Produce	12 Lunch	CLASS TODAY
of Our KASC Veterans!	1-2 Aqua-Kendal	12:45 Canasta	12:45 Historic Research Speaker	
12:30 Bingo	1-3 YMCA	12:45 Photo Class	1-2 Aqua-Crosslands	
Enterior .	Thank You		1-3 YMCA	
<i>₹</i>	VETERANS		6-7:15 Line Dancing	LAST DAY COLLECTING STOCKINGS FOR
				SOLDIERS
7	18	19	20	21
9:00 Coffee &	9:00 Coffee & Conversation	9:00 New You! (CR) –	9:00 Coffee & Conversation	9:00 Coffee & Conversation
Conversation	9-3 Games / Cards / Puzzles	preregistration required	9-12 Medicare Counseling	9-3 Games/Cards/ Puzzles
9-3 Games/Cards/ Puzzles	10-2:30 AARP Safe Driver	9 Coffee & Conversation	9-3 Cards/Games/Puzzles	10 Mahjong
10 Bread/Baked Goods	Refresher Course*	9-3 Games/Cards/Puzzles	9:30 Line Dancing (WE)	10:30-11:00 One-on-One
3:30 Fiber Arts Group	10 Bread/Baked Goods	10 Bread/Baked Goods	10 Bread/Baked Goods	Tech Help (By Appt only)
0:55 Silver Sneakers	10 Mental Gymnastics	10:55 Silver Sneakers	10 Words of Life Group	12 Lunch
2 Lunch	12 BIRTHDAY LUNCH!	12 Lunch	10:55 Silver Sneakers	1:00 Chair Yoga*
2:30 Bingo	12:45 Rummikub	12:30 Produce	12 Lunch	1.00 Onan roga
2:45 Healthy Grieving	12:40 Easy Peasy Art	12:45 Photo Class	12:45 Bunco	
Support Group (CR)	1-2 Agua-Kendal	12:45 Canasta	1-2 Aqua-Crosslands	
	1-3 YMCA	12.40 Gariasta	1-3 YMCA	
	1-3 TWOA		6-7:15 Line Dancing	
.4	25	26	27	28
0:00 Coffee &	9:00 Coffee & Conversation	Hanny	Center Closed	Hanny
Conversation	9-3 Games / Cards / Puzzles	Happy	Conton Glosed	Нарру
9-3 Games/Cards/ Puzzles	10 Bread/Baked Goods	Thanksgiving!		Thanksgiving:
0 Bread/Baked Goods	10 Mental Gymnastics		We are Thankful for	
3:30 Fiber Arts Group	11 Tai Chi Chih*		YOU!	
10.55.01	12 Lunch	CENTER		CENTER
0:55 Silver Sneakers		CLIVIER	O	
	12:40 Easy Peasy Art			01.00=0
12 Lunch	12:40 Easy Peasy Art	CLOSED		CLOSED
10:55 Silver Sneakers 12 Lunch 12:30 Bingo	1-2 Aqua-Kendal	CLOSED	The Market of th	CLOSED
2 Lunch		CLOSED		CLOSED





We Couldn't Do It Without You!

Our October 12th Bingo Fundraiser was an incredible success thanks to our amazing community. A huge thank you to our dedicated volunteers and to the generous local businesses, organizations and individuals who donated raffle basket items. Your kindness and community spirit made the day truly special.

Hearth Kitchen

Ristorante Trattoria La Tavola

Letty's Tavern

Philter Coffee

Café Emís

Sweet Amelia

Hood's BBQ

Marrone's Deli and Catering

Northbrook Marketplace

Baily's Dairy of Pocopson Meadow Farm -

Country Butcher Fine Foods Inc.

The Market at Liberty Place

Starbucks Kennett Square PA

The Mushroom Cap

Barnard's Orchard

Applebee's Kennett Square

Daddy O's Restaurant & Chef du Jour

Catering

1723 Vineyards

Harvest Ridge Winery

Kennett Community Coffee Klatch

Karen Martin

Grace Pfiefer

Jane Waggoner

Detta Emslie

Mary Ann Schill

Robin Mastrippolito

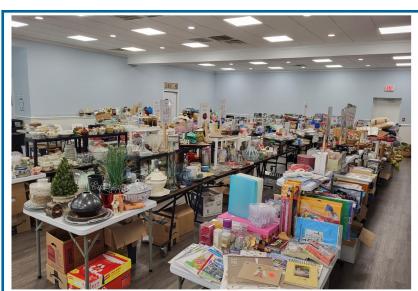
Stephanie D'Amico

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KASC Puts the Fun in Fundraising!

Our Fall Yard Sale was our most successful yet, and Sunday afternoon Bingo brought out a fantastic crowd. These events aren't just fun, they play a vital role in raising much needed funds to support KASC's programs and activities. None of this would be possible without the dedicated volunteers who make it happen.

A special thank-you to Richard and Ginny Shar, Donna Kohn, and Debra Swayne, whose commitment keeps our Yard Sale program thriving and to Mary Ann Schill and Robin Mastrippolito, whose creativity, energy, and hard work made Bingo one of our most popular and successful fundraisers. We're deeply grateful for all you do to support KASC!









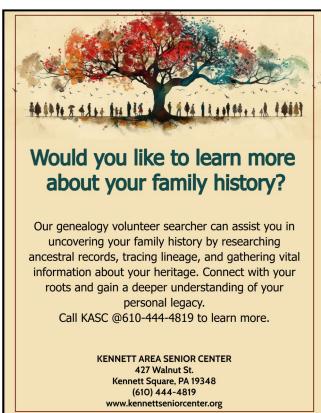


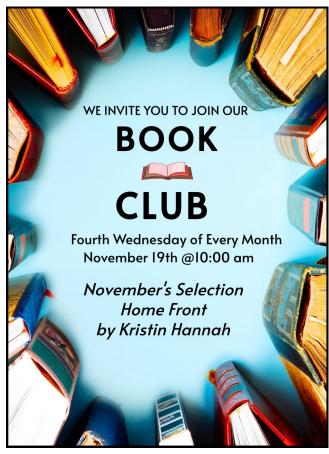


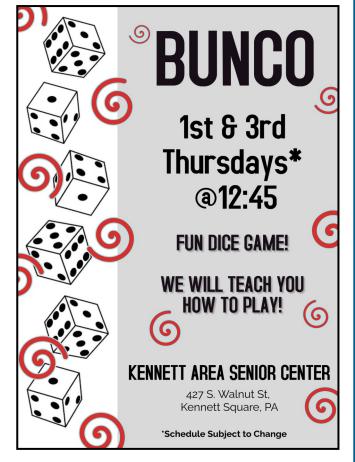












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Get with the Program!

Always Learning!

Book Club (10:00-11:00 on the 4th Wednesday). Love books? So do we! Join the conversation and check out what's coming up!

Genealogy Genealogy—the search and documentation for family origins/history. To find out more about that special person in your family lineage, complete a brief Questionnaire (available at the Center Sign—up Table) and our resident Family Search volunteer will use details provided to do the searching for you!

Tech Help (By appt). With technology so much a part of our lives these days, sometimes we just need a little help to better understand it. Cell phone? Tablet? We're here to help!

Get moving!

Line Dancing (Thursdays 9:30-10:30 am & evening 6:00-7:15 pm). Come join in this great form of exercise which provides the benefits of an aerobic workout while helping maintain a healthy heart. Lots of fun too!

SilverSneakers (Monday, Wednesday, Thursday, 10:55-11:45). Join in this fun program to help you stay physically active to maintain mobility and physical function, lift your mood and make performing day-to-day activities easier. Geared towards all abilities.

T'ai Chi Chih Tuesdays 11:00am A series of movements designed to help the flow of natural energy in our bodies. Experience joy through movement!

(Registration required)

To your health!

New You! (Wednesdays 9:00-10:00 am; pre-registration required). Are you looking for a way to step up your game with better eating habits? Join in this program for weight loss and maintenance through behavior

modification and accountability.

Alzheimer's Support Group (1st Wednesday of each month, 10:15-12:00pm). Alzheimer's affects not only the individual but also those who have been placed in the role of caregiver. If you are caring for a loved one with Alzheimer's, this group is a place to come together with others in a similar role, and to find support and fellowship.

Healthy Grieving Support Group (3rd Monday @ 12:45 pm).
Designed to encourage people to deal with grief and trauma in a way that lightens the load of past and present grief.

Medicare Counseling (Every other Thursday 9:00-12:00 pm). Navigating Medicare can sometimes be a daunting task, so why not take advantage of a one-on-one session with an expert who can assist and answer all your questions? Appointments are required.

Laugh and Have Fun with Friends!

Arts & Crafts (Schedule varies). Together we'll create something fun ... a craft, recipe, art, etc.

Bingo (Every Monday 12:40). A KASC favorite with a loyal following!

Bunco (1st & 3rd Thursday @12:45 pm). A fun and lively dice game! Easy to learn and a fan favorite!

Canasta (every Wednesday 12:45 pm). A rummy-style game that is tons of fun!

Mahjong (every Friday 10:00-11:45 am). American Mahjong is a game of strategy, skill and luck. Experienced players welcome! New to the game? Contact us first to see if a lesson can be arranged.

Fiber Arts @ the Center (Every Monday 9:30-10:55) Love to knit or crochet or would like to learn? Join our Fiber Artists every Monday in the Community Room.

Rummikub (1st & 3rd Tuesday 12:45 pm). Combines elements of rummy and mahjong. Come play or our group is happy to teach!

Expand your horizons!

Mental Gymnastics Every Tuesday @ 10:00 am. Work out your brain while having fun with friends!

Guest Speakers Check calendar for upcoming topics and details.

Words of Life Group Study (every Thursday @ 10:00 am). A weekly gathering focused on exploring inspirational texts, meaningful passages, and thought- provoking messages.

These are just a sample of the programs and activities here at KASC. Keep up-to-date by:

- Visiting our website
- Following our Facebook page
- Stopping in to pick up an activities calendar (Note: Not all activities are scheduled each month)
- Making a quick call to the Center (610-444-4819).



KASC IMPACT HIGHLIGHTS – Fiscal Year ending 06-30-25

The Kennett Area Senior Center provides a warm and welcoming community for participants. We deliver a wide array of services and opportunities that foster independence, health, and wellness.

Nutrition

Daily hot lunch served to 293 individuals.

7,486 lunches served

Fresh Produce, bread, milk, eggs and more provided to 313 individuals. Total distributions – 7,712

15,198 services provided to 414 participants.

Health and Wellness

Daily exercise classes provided to 253 participants. 7,043 services provided.

45 programs designed to foster health, wellness, & to encourage friendship & support among participants.

16,889 services provided to 423 participants.

Information &

91 Medicare Counseling appointments completed.

In partnership with AARP, free tax preparation assistance will be provided to 627 individuals. Minimum savings in tax preparation fees -\$226,350.

1,673 services provided to 718 individuals.

Volunteers

250 volunteers served.

Volunteers donated 12,500 hours of time in our nutrition, health & wellness, information and assistance & fundraising programs.

Special Events & Activities

Over 70 unique programs provided to over 1,250 participants.

Our volunteer driven yard sale fundraisers raised over \$13,000 for program support.

Events included a volunteer/donor/grant-maker reception, Veterans' Day Luncheon, Holiday Luncheon, monthly birthday celebrations and special luncheons held by community volunteers.

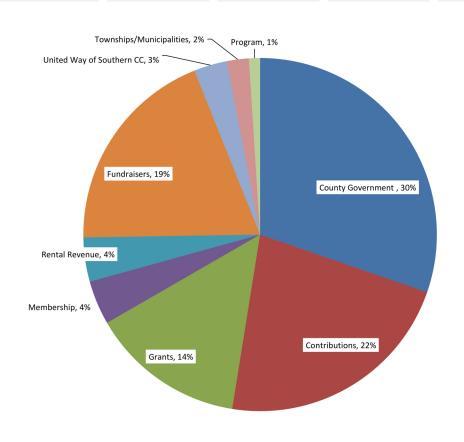
Fast Facts

Participants from 44 Southern Chester County Townships& Municipalities are served.

20% of those we serve live at or under 125% of the poverty level.

On average, 72 individuals are served each day

36,338 services delivered to 1,250 participants.



KASC Fiscal Year 25-26 Annual Revenue Budget

YOUR SUPPORT MAKES IT ALL POSSIBLE!

Donate securely online at https://kennettseniorcenter.org/donate/

Make a check payable to KASC and mail it to: 427 S. Walnut Street, Kennett Square, PA 19348

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Upcoming Special Events & Dates to Note

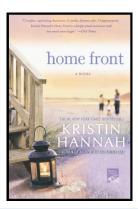


- Wednesday, 11/5, 6pm-8pm:
 "Estate Planning" Living Well
 Speaker Series @ Kennett Library
- Monday, 11/10 @ 12:00:
 Special Recognition Lunch
 Honoring Our KASC Veterans
- Tuesday, 11/11: Happy
 Veteran's Day! Center will be open regular hours.
- Thursday, 11/13 @ 12:45:
 Historic Research Speaker
- Tuesday, 11/18, 10:00-2:30
 AARP Safe Driver Refresher
 Course. Registration Required
- Wednesday-Friday, 11/26-28th, Center Closed for Thanksgiving Holiday



- Wednesday, 12/3, 6pm-8pm:
 "Senior Living Options" Living Well
 Speaker Series @ Kennett Library
- Wednesday, 12/10 @ 12:30:
 Early Closing for Luncheon Prep
- Thursday, 12/12, 11:00am 2:30pm: Holiday Luncheon, Preregistration and Payment Required.
- Tuesday, 12/16 @ 12:00:
 Birthday Lunch! Featuring
 Breakfast for Lunch Buffet along
 with some Holiday fun & games!
- Center Closed 12/24-1/2/26
 HAPPY HOLIDAYS!
 SEE YOU IN 2026!

KASC Book Club—Upcoming Reads (4th Wednesday of every month)



Home Front

By Kristin Hannah Wednesday, November 19th @10:00 am

There will be no December Book Club Meeting First 2026 Meeting: Wednesday, January 28th



Stay Safe This Winter! Make Sure Your Vehicle is Ready for The Cold Weather

Have maintenance service on your vehicle as often as the manufacturer recommends. In addition, every fall, do the following:

- Have the radiator system serviced or check the antifreeze level yourself with an antifreeze tester. Add antifreeze as needed.
- Replace windshield-wiper fluid with a wintertime mixture.
- Make sure the tires on your car have adequate tread and air pressure.
- Replace any worn tires and fill low tires with air to the proper pressure recommended for your car.
- Keep the gas tank near full to help avoid ice in the tank and fuel lines.
- Keep your car in good working order. Be sure to check the following: heater, defroster, brakes, brake fluid, ignition, emergency flashers, exhaust, oil, and battery.

It is best to avoid traveling, but if travel is necessary, keep the following in your car:

- Items to stay warm such as extra hats, coats, mittens, and blankets
- Cell phone, portable charger and extra batteries
- Windshield scraper
- Shovel
- Battery-powered radio with extra batteries
- Flashlight with extra batteries
- Water and snack food
- First aid kit with any necessary medications and a pocket knife
- Tow chains or rope
- Tire chains
- Canned compressed air with sealant for emergency tire repair
- Cat litter or sand to help tires get traction, or road salt to melt ice
- Booster cables with fully charged battery or jumper cables
- Hazard or other reflectors
- Bright colored flag or help signs, emergency distress flag, and/or emergency flares
- Road maps
- Waterproof matches and a can to melt snow for water

Source: https://www.cdc.gov/winter-weather/safety/index.html

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Chester County Department 211 of Aging Services

Provides county residents aging-related programs and services.

Address: 601 Westtown Road, Suite 130, PO Box 2747, West Chester, PA 19380-0990 Phone: 800-692-1100 x6350

Phone: 610-344-6350 TTY: 610-344-5233 Fax: 610-344-5996

Website: www.chesco.org/

aging.

CCDAS Free Legal Consults—Free Legal Advice

The Chester County Dept. of Aging Services (CCDAS) is making an attorney available to senior residents of Chester County on the 2nd Monday of every month from 9:30 AM to 11:30 AM. This service is free to senior residents of Chester County. Appointments are required. For more information or to schedule an appointment, contact the Dept. of Aging at 610-344-6350. All appointments are at the Dept. of Aging in West Chester.

Pa.gov website for resources

Visit this website https:// www.pa.gov/guides for resources on Mental Health, Unemployment Compensation, other financial help, food assistance, and driver services.

Don't forget - 211 is a great resource. Visit the website at: https://

www.uwp.org/211gethelp/

Up-to-date information on COVID-19 in Pennsylvania,

visit the PA Department of Health's dedicated Coronavirus webpage (https:// www.health.pa.gov/topics/ disease/coronavirus/Pages/ Coronavirus.aspx) that is updated daily, the CDC webpage or World Health Organization.

Chester County Assistance Office

For help with Medicaid, Supplemental Nutrition Program (SNAP), emergency rental assistance, cash assistance, and more. Address: 100 James Buchanan Dr., Thorndale, PA 19372.

Phone: 610-466-1000

Chesco Connect

Chesco Connect is Chester County's community transit program for residents of Chester County. Services include medical appointments, grocery stores, work, senior centers, and any other destination in Chester County. To schedule a ride, call Chesco Connect at 610-344-5545.

The Senior Law Center

continues to help older Americans, Services include:

- Homeownership Rights
- Tenant Rights
- Grandparents raising Grandchildren
- Guardianship
- Victim Services

Reach them at: 610-910-0215 (Delaware/Chester), 610-910-0210 (Bucks/ Montgomery), or statewide at 877-727-7529 or check out their website at www.seniorlawcenter.org.

Veterans Affairs

In you are a veteran or know of one in need, please call 610-344-6375

Crime Victim's Center

24/7....helping adults and children in their recovery as victims of sexual violence, assault, property crimes, sexual harassment in the workplace and homicide. Domestic violence and drug addiction has increased. For assistance, please call 610-692-1926 to make an appointment. Website: www.cvcofcc.org, Address: 135 W. Market Street, West Chester, PA 19382.

Not sure where to start when you need help? Please call Lori Holcombe at 610-444-4819, x115.

The Best Deal in Town!

The Kennett Area Senior Center offers many different programs, activities, and benefits to local seniors. For a small annual fee (\$40/person), you can enjoy the perks of membership while also supporting the operational costs of the Center. Signing up is easy! You can visit our website (https://kennettseniorcenter.org) and sign up on-line or download a membership form. You can also call the Center (610-444-4819) and you will be assisted with your membership.

2025 MEMBERS — YMCA and Aqua Programs

PROGRAM NOTES: For the YMCA facilities (pool, track, fitness room) Tuesdays and Thursdays, 1:00-3:00pm, there is a new sign-in procedure for KASC members. Please show your **KASC 2025 key tag**, fill out an application, have your photo taken (for informational purposes), and then you will receive an electronic key tag to be swiped at the front desk at each visit.

For the Aqua Crosslands and Aqua Kendal swim programs, please reach out to Debbie Johnston regarding class openings. We are limited to 15 attendees for each location. For more information email: djohnston@kennettseniorcenter.org

Space Rental

Did you know that KASC has two party and entertainment spaces that can be rented? Whether you are planning a family party, Quinceañera, Sweet Sixteen, or a well-earned Retirement party, our newly renovated spaces provide the perfect combination of size, accessibility, parking and more!

Our main event space is the newly renovated, Shade Hall. Shade Hall



accommodates up to 120 guests and comes complete with a stage large enough to accommodate a band or DJ. Shade Hall is a bright, fresh and beautiful space with a high ceiling.

Our Wendel Room provides guests with a smaller space accommodating up to 40 seated guests. The Wendel Room is perfect for club gatherings, business meetings, intimate family parties, or receptions.

The Center provides ample parking, with 57 on-site spaces, including 10 accessible spaces. There is also generous on-street parking to supplement. Learn more by visiting our website at https://kennettseniorcenter.org/space-rental

So what are you waiting for? Plan your next event today! Contact Stephanie D'Amico at (610) 444-4819 or she can be reached via email at sdamico@kennettseniorcenter.org.

We are on the web www.kennettseniorcenter.org



www.facebook.com/ KennettSeniorCenter/

DO YOU HAVE AN E-MAIL ADDRESS?

If you would like to receive your copy of the Newsletter right in your inbox via e-mail, let Debbie Johnston know at djohnston@ kennettseniorcenter.org

Do you receive our newsletter by email?

Having problems receiving the newsletter via email? Please don't forget to check your JUNK or SPAM folders. If the email with the newsletter is there, click and mark as NOT JUNK or NOT SPAM. This will whitelist our email address and the newsletter will no longer fall in the JUNK or SPAM folder.

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DOWNSIZING, DECLUTTERING, OR DO YOU HAVE "STUFF" YOU WOULD LIKE TO SEE PUT TO GOOD USE?



EASY ON-SITE PARKING
WITH FRONT DOOR DROP OFF!

DROP OFF: MON THRU THUR 930AM TO 230PM OR BY APPT.

NEXT SALE MAY 30, 2026

THE KENNETT AREA SENIOR CENTER GRATEFULLY ACCEPTS DONATIONS OF MOST HOUSEHOLD ITEMS. SOME ITEMS ARE PROVIDED TO SENIORS WHO HAVE IMMEDIATE NEEDS AND SOME ARE SET ASIDE FOR OUR TWICE A YEAR HUGE INDOOR YARD SALES. AT THESE EVENTS, COMMUNITY MEMBERS CAN PURCHASE WHAT THEY NEED AT AN AFFORDABLE PRICE. ALL PROCEEDS OF OUR SALES SUPPORT LOCAL SENIORS THROUGH A WIDE ARRAY OF FREE NUTRITION, HEALTH & WELLNESS, INFORMATION & ASSISTANCE AND VOLUNTEER PROGRAMS.



United Way of Southern Chester County

427 S. Walnut Street, Kennett Square (one block south of the Country Butcher) (610) 444-4819

KASC is a 501(c)3 Charitable Organization. The official registration and financial information of KASC may be obtained from the PA Department of State by calling toll free, within PA, 1-800-732-0999. Registration does not imply endorsement.

EVENT

DID YOU KNOW THAT KASC HAS TWO BEAUTIFUL PARTY AND ENTERTAINMENT SPACES THAT CAN BE RENTED? WHETHER YOU ARE PLANNING A FAMILY PARTY, BABY SHOWER OR A WELL EARNED RETIREMENT PARTY, OUR NEWLY RENOVATED SPACES PROVIDE THE PERFECT COMBINATION OF SIZE, ACCESSIBILITY, PARKING AND MOREI

BRING YOUR OWN FOOD, ALCOHOL, CATERER.
CALL US OR VISIT OUR WEBSITE FOR MORE
INFORMATION.

www.kennettseniorcenter.org/space-rental

KENNETT AREA SENIOR CENTER

427 S. Walnut St, Kennett Square, PA 610-444-4819

Kennett Area Senior Center Board of Directors

Officers

Karen Martin President

Jim Przywitowski Treasurer

Kathy Rutledge Secretary

Members

Bruce Bilotti Karen D'Agusto Herb Grofcsik Megan Kooistra Christine McDonald Lisa Passante Grace Pfeifer Paola Rosas

Our Staff

Stephanie D'Amico

Executive Director

Marci Mebane

Kitchen Supervisor

Jeanie Dean

Administrative Assistant

Pedro Melendez

Facilities Maintenance & Rental Assistant

Lori Holcombe

Information &
Assistance
and Membership
Coordinator

Bill Rosen

Financial Assistant Independent Contractor

Debbie Johnston

Program Coordinator

Betsy Warner

Administrative Assistant