

KASC Activities – October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
 HALLOWEEN Costume CONTEST Friday, October 31st @ 11:30 am	JOIN US FOR  HUMAN SLOTS FUN THURSDAY, 10/30 @12:45	1 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Alzheimer's Support (CR) 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta	2 9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 10:55 SilverSneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	3 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*
6 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo	7 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 Lunch 12:45 Easy Peasy Art* 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	8 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta	9 Titanic Adventure! 9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 10:55 SilverSneakers 12 All Aboard Lunch 12:45 Titanic Presentation 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	10 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*
13 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo	14 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA	15 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta	16 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Group 10:55 SilverSneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	17 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*
20 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	21 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 BIRTHDAY LUNCH! 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	22 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club 10:55 SilverSneakers 12 Lunch 12:30 NO PRODUCE 12:45 Photo Class 1:00 Canasta	23 CENTER CLOSED FOR PRIVATE EVENT	24 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*
27 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo	28 9 Coffee & Conversation 9-1:30 Medicare 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 Lunch 12:35 Easy Peasy Art 1-2 Aqua-Kendal 1-3 YMCA	29 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta	30 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 10:55 SilverSneakers 12 Lunch 12:45 HUMAN SLOTS GAME! 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	31 HAPPY HALLOWEEN!! 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55 One-on-One Tech Help (Appt only) 11:30 Costume Contest 12 MYSTERY LUNCH? 1:00 Chair Yoga*