

KASC Activities – November 2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group 10:55 Silver Sneakers 12 Lunch 12:30 Bingo STOCKINGS FOR SOLDIERS COLLECTION STARTS NOW THROUGH FRI 11/14	4 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* 12 Lunch 12:45 Rummikub 12:40 Easy Peasy Art 1-2 Aqua-Kendal 1-3 YMCA	5 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 10:55 Silver Sneakers 12 Lunch 12:30 Produce 12:45 Photo Class 12:45 Canasta	6 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Group 10:55 Silver Sneakers 12 Lunch 12:45 BUNCO with CHATHAM!! 1-2 Aqua-Crosslands 1-3 YMCA 6-7:15 Line Dancing	7 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*
10 VETERAN'S WEEK 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group 10:55 Silver Sneakers 12 Lunch Honoring All of Our KASC Veterans! 12:30 Bingo 	11 9:00 Coffee & Conversation 9-3 Games /Cards/ Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* 12 Lunch 12:40 Easy Peasy Art 1-2 Aqua-Kendal 1-3 YMCA 	12 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:55 Silver Sneakers 12 Lunch 12:30 Produce 12:45 Canasta 12:45 Photo Class  	13 9:00 Coffee & Conversation 9-1:30 Medicare 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 10:55 Silver Sneakers 12 Lunch 12:45 Historic Research Speaker 1-2 Aqua-Crosslands 1-3 YMCA 6-7:15 Line Dancing	14 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 NO CHAIR YOGA CLASS TODAY   LAST DAY COLLECTING STOCKINGS FOR SOLDIERS
17 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group 10:55 Silver Sneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	18 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10-2:30 AARP Safe Driver Refresher Course* 10 Bread/Baked Goods 10 Mental Gymnastics 12 BIRTHDAY LUNCH! 12:45 Rummikub 12:40 Easy Peasy Art 1-2 Aqua-Kendal 1-3 YMCA	19 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:55 Silver Sneakers 12 Lunch 12:30 Produce 12:45 Photo Class 12:45 Canasta	20 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Group 10:55 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6-7:15 Line Dancing	21 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*
24 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group 10:55 Silver Sneakers 12 Lunch 12:30 Bingo	25 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* 12 Lunch 12:40 Easy Peasy Art 1-2 Aqua-Kendal 1-3 YMCA	26 Happy Thanksgiving! CENTER CLOSED	27 Center Closed 	28 Happy Thanksgiving! CENTER CLOSED

