

KASC Daily Lunch Menu - October

Pre-registration is required. Lunch reservations may be made up to 12:00 p.m. (noon) on the last business day KASC is open before the reservation date. Please sign up in the lunch book or call (610) 444-4819. If you reach the answering machine please leave a message with your name and date(s) for which you wish to make a reservation.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Lunch is served at 12:00 pm	For those age 60+, a voluntary, confidential \$2.00 donation for Chester County Dept. of Aging is requested. The cost of lunch for those under age 60 is \$5.70. 	1 Mandarin Chicken Salad Platter Dinner Roll Milk Ice Cream	2 Spaghetti & Meatballs Garden Salad Italian Bread Milk Pears	3 Grilled Turkey & Swiss Sandwich Tomato Soup Milk Strawberries
PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE				
6 Roast Pork w/ Gravy Mashed Potatoes Vegetable Medley Milk Angel Food Cake w/ Strawberries	7 Baked Ziti (4-cheese) Garden Salad Italian Bread Milk Pineapple	8 Meatloaf Sweet Potatoes Green Beans Dinner Roll Milk Watermelon	9 LUNCH ON THE TITANIC Chicken A La Maryland Chateau Potatoes Asparagus Punch Romaine Waldorf Pudding	10 Tuna Sandwich Chicken Corn Soup Milk Oatmeal Cookie
13 Pesto Chicken Pasta Garden Salad Italian Bread Milk Ice Cream	14  NEW MENU ITEM Shrimp Fajita Bowl Brown Rice Corn Muffin	15 BBQ Pork Sandwich French Fries Cole Slaw Milk Mandarin Oranges	16 French Toast Casserole Sausage Links V8 Milk Fresh Fruit	17 Crispy Chicken Sandwich Minestrone Soup Milk Applesauce
20 Cheeseburger Lettuce, Tomato, Onion Sweet Potato Fries Milk Cherry Crisp	21 BIRTHDAY LUNCH  Flatbread and Salad Bar	22 Turkey, Apple Cheddar Sandwich Cream of Broccoli Soup Milk Peaches	23 CLOSED FOR PRIVATE EVENT	24 Breaded Fish Filet Scalloped Potatoes Mixed Vegetables Milk Jello
27 Baked Chicken Cornbread Casserole Brussel Sprouts Milk Pudding	28 Garlic & Herb Tilapia Macaroni & Cheese Stewed Tomatoes Dinner Roll Milk Fruit Cup	29 Chili Baked Potato Broccoli Milk Cookie	30 Chicken Salad Sandwich Soup Milk Peaches	31 MYSTERY MEAL 

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.