

KASC Activities – October 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  <p>ALL ABOARD THURSDAY, 10/9</p> | <p>JOIN US FOR</p>  <p>HUMAN SLOTS FUN THURSDAY, 10/30 @12:45</p> | <p>1 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Alzheimer's Support (CR) 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta</p> | <p>2 9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 10:55 SilverSneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing</p> | <p>3 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*</p> |
| <p>6 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo</p> | <p>7 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 Lunch 12:45 Easy Peasy Art* 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA</p> | <p>8 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta</p> | <p>9 Titanic Adventure! 9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 10:55 SilverSneakers 12 All Aboard Lunch 12:45 Titanic Presentation 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing</p> | <p>10 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*</p> |
| <p>13 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo</p> | <p>14 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA</p> | <p>15 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta</p> | <p>16 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Group 10:55 SilverSneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing</p> | <p>17 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*</p> |
| <p>20 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)</p> | <p>21 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 BIRTHDAY LUNCH! 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA</p> | <p>22 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta</p> | <p>23 CENTER CLOSED FOR PRIVATE EVENT</p> | <p>24 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 Lunch 1:00 Chair Yoga*</p> |
| <p>27 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Fiber Arts Group 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Bingo</p> | <p>28 9 Coffee & Conversation 9-1:30 Medicare 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih* (WE) 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA</p> | <p>29 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:30 Produce 12:45 Photo Class 1:00 Canasta</p> | <p>30 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 10:55 SilverSneakers 12 Lunch 12:45 HUMAN SLOTS GAME! 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing</p> | <p>31 HAPPY HALLOWEEN!! 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10:00 Mahjong 10:30-10:55:00 One-on-One Tech Help (By Appt only) 12 MYSTERY LUNCH? 1:00 Chair Yoga*</p> |