

KASC Daily Lunch Menu - September

Pre-registration is required. Lunch reservations may be made up to 12:00 p.m. (noon) on the last business day KASC is open before the reservation date. Please sign up in the lunch book or call (610) 444-4819. If you reach the answering machine please leave a message with your name and date(s) for which you wish to make a reservation.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1  KASC CLOSED TODAY	2 Breaded Fish Filet Scalloped Potatoes Carrots Dinner Roll Milk Mandarin Oranges	3 Chicken Caesar Salad Flatbread Milk Vanilla Ice Cream w/ strawberries	4 EAGLES TAILGATE LUNCH Cheesesteaks Loaded Tater Tots Milk Water Ice	5 Turkey Club Sandwich Macaroni Salad Milk Fresh Fruit Salad
8 Swiss Chicken Casserole Egg Noodles Broccoli Milk Peaches	9  NEW MENU ITEM Salmon Patties Mashed Potatoes Brussel Sprouts	10 Greek Chicken Skewer Orzo salad Tzatziki Sauce Pita Milk Honeydew	11 Teriyaki Chicken & Pineapple Brown Rice Vegetable Medley Dinner Roll Milk Vanilla Ice Cream	12 Meatball Sandwich Potato & Green Bean Salad Milk Watermelon
15 Tomato Garlic Shrimp Penne Roasted Vegetables Italian Bread Milk Fruit Cup	16 BIRTHDAY LUNCH  Soup and Salad Bar	17 Meatloaf Sweet Potatoes Mixed Vegetables Dinner Roll Milk Oatmeal Cookie	18 Turkey Sloppy Joe Roasted Potatoes Tomato & Cucumber Salad Milk Cantaloupe	19 KASC CLOSED FOR YARD SALE PREP
22 Lemon Chicken Pasta Garden Salad Italian Bread Milk Pineapple	23 Roast Pork Sandwich Spinach & Provolone Roasted Potatoes Milk Watermelon	24 Stuffed Peppers Ground Beef Brown Rice Garden Salad Milk Peaches	25 BBQ Chicken Thighs Baked Beans Firecracker Cole Slaw Milk Cantaloupe	26 Tuna Salad Sandwich Wheat Bread Carrot Raisin Salad Milk Strawberries
29 Turkey Tacos Brown Rice Salsa, Lettuce, Cheese Milk Peaches	30 Garlic & Herb Tilapia Macaroni & Cheese Carrots Milk Mandarin Oranges		For those age 60+, a voluntary, confidential \$2.00 donation for Chester County Dept. of Aging is requested. The cost of lunch for those under age 60 is \$5.70.	Lunch is served at 12:00 pm PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.