**KASC Activities – August 2025** 

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Monday	Tuesday	Wednesday	Thursday	Fríday
Save The Date! Saturday, September 20 <sup>th</sup> 8am – 2pm		C, HAIR VOLLEY LALL Thursday, August 28 <sup>th</sup> @ 12:45pm	Easy Peasy Art With Stephanie! Tuesday, August 19th Tuesday, August 26 @ 12:30	1 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzle 10:00 Mahjong — Teaching Session 10:30-11:30 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga
4	5	6	7	8
9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group (CR) 11 SilverSneakers 12 Lunch 12:30 Bingo	9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11:00 Tai Chi Chih 12 Lunch 12:45 BINGOcize (WR) 12:45 Rummikub (SH) 1-2 Aqua-Kendal 1-3 YMCA	9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11 SilverSneakers 12 Lunch 12:30 Produce 12:45 Canasta (WR) 12:45 Photo Class	9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 11 SilverSneakers 12 Lunch 1:00 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6-8pm Line Dancing	9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzles 10:00 Mahjong-Teaching Session 10:30-11:30 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga
11	12	13	14	15
9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group (CR) 11 SilverSneakers 12 Lunch 12:30 Bingo	9:00 Coffee & Conversation 9-3 Games / Cards / 10 Bread/Baked Goods 10 Mental Gymnastics 11:00 Tai Chi Chih 12 Lunch 12:45 BINGOcize FINAL WEEK 1-2 Aqua-Kendal 1-3 YMCA	9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 SilverSneakers 12 Lunch 12:30 Produce 12:45 Canasta (WR) 12:45 Photo Class	9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 11 SilverSneakers 12 Lunch 12:45 Avon Grove Library Visit 1-2 Aqua-Crosslands 1-3 YMCA 6-8pm Line Dancing	9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzles 10:00 Mahjong 10:30-11:30 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga
9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group 11 SilverSneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11:00 Tai Chi Chih 12 BIRTHDAY LUNCH! 12:45 Rummikub (WR) 12:45 Easy Peasy Art!! 1-2 Aqua-Kendal 1-3 YMCA	9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 11 SilverSneakers 12 Lunch 12:30 Produce 12:45 Canasta (WR) 12:45 Photo Class	9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 11 SilverSneakers 12 Lunch- 1:00 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6-8pm Line Dancing	9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzles 10:00 Mahjong 10:30-11:30 One-on-One Tech Help (By Appt only) 12 Lunch
9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 9:30 Fiber Arts Group 11 SilverSneakers 12 Lunch 12:30 Bingo	9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11:00 Tai Chi Chih 12:00 Lunch 12:30 Easy Peasy Art!! 1-2 Aqua-Kendal 1-3 YMCA	9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club 11 SilverSneakers 12 Lunch 12:30 Produce 12:45 Canasta (WR) 12:45 Photo Class	28 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10 Words of Life Study Group 11 SilverSneakers 12 Lunch-Ice Cream Bar!! 12:45 Balloon Chair Volleyball 1-2 Aqua-Crosslands 1-3 YMCA 6-8pm Line Dancing	Closed for Labor Day Weekend  HAPPY LABOR DAY