





## *KASC Daily Lunch Menu - March*

Pre-registration is required. Lunch reservations may be made up to 12:00 p.m. (noon) on the last business day KASC is open before the reservation date. Please sign up in the lunch book or call (610) 444-4819. If you reach the answering machine please leave a message with your name and date(s) for which you wish to make a reservation.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>3</b> <b>Meatball Sandwich</b> Club Roll Mushroom soup Milk Dessert	 <b>4</b> <b>Hurricane Mocktail</b> <b>Jambalaya</b> <b>King Cupcakes</b>	<b>5</b> <b>Cheese Lasagna</b> Garden Salad Italian Bread Milk Dessert	<b>6</b> <b>Mandarin Chicken Salad</b> Blueberries Mandarin Oranges Dinner roll Milk Dessert	<b>7</b> <b>Garlic &amp; Herb Tilapia</b> Scalloped Potatoes Carrots Dinner Roll Milk Dessert
<b>10</b> <b>Roast Pork w/ Gravy</b> Sweet Potatoes Brussel Sprouts Dinner Roll Milk Dessert	<b>11</b> <b>Balsamic Chicken</b> Penne pasta w/ Roasted Veggies Italian Bread Milk Dessert	<b>12</b> <b>Ham &amp; Broccoli Quiche</b> Strawberry Spinach Salad Milk Dessert	<b>13</b> <b>Hot Roast Beef Sandwich</b> Club Roll Minestrone Soup Milk Dessert	<b>14</b> <b>Tuna Salad Platter</b> Chicken Noodle Soup Milk Dessert – Pie Day
<b>17</b> <b>St. Patrick's Day</b> <b>Ham &amp; Cabbage</b> Potatoes Irish Bread Milk <b>SHAMROCK SHAKES</b> 	<b>18</b> <b>BIRTHDAY LUNCH</b>  <b>Sandwich and Salad Bar</b>	<b>19</b> <b>Shepherd's Pie</b> Garden Salad Dinner Roll Milk Dessert	<b>20</b> <b>Chicken Cheesesteak</b> Mushrooms & Onions Wedding Soup Milk Dessert	<b>21</b> <b>Egg Salad Sandwich</b> Lettuce / Tomato Tomato Soup Milk Dessert
<b>24</b> <b>Cheeseburger</b> Lettuce / Tomato / Onion Sweet Potato Fries Milk Dessert	<b>25</b> <b>Pesto Chicken Pasta</b> Spinach / tomatoes Garden Salad Milk Dessert	<b>26</b> <b>Turkey Sandwich</b> Lettuce / Tomato Bacon Butternut Squash Soup Milk Dessert	<b>27</b> <b>Breakfast for Lunch</b> Scrambled Eggs Sausage Baked Oatmeal Milk Dessert	<b>28</b> <b>Garlic Butter Shrimp</b> Brown Rice Spinach & Cauliflower Dinner Roll Milk Dessert
<b>31</b> <b>Roast Chicken</b> Cornbread Casserole Brussel Sprouts Milk Dessert	 Lunch is served at 12:00 pm	PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	For those age 60+, a voluntary, confidential \$2.00 donation for Chester County Dept. of Aging is requested. The cost of lunch for those under age 60 is \$5.70.	

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania. 1 (800) 732-0999. Registration does not imply endorsement.