




## *KASC Daily Lunch Menu - October*

Contact us at (610) 444-4819 to reserve your meal by 3:00 pm one week ahead or sign up in the lunch binder.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
 <b>Chester County</b> Department of Aging Services  <b>PLEASE BE AWARE,            MENU IS SUBJECT TO            CHANGE WITHOUT            NOTICE</b>	<b>1</b> <b>Sausage &amp; Peppers Sandwich</b> Club Roll Roasted Potatoes Milk Dessert	<b>2</b> <b>Taco Salad Platter</b> Corn Muffin Milk Dessert	<b>3</b> <b>Stuffed Cabbage Soup</b> Dinner Roll Side Salad Milk Dessert	<b>4</b> <b>Chicken Salad Sandwich</b> Lettuce / Tomato Cream of Broccoli Soup Milk Dessert
<b>7</b> <b>Roast Pork Sandwich</b> w/ Spinach & Provolone French Fries Milk Dessert	<b>8</b> <b>Turkey Pot Pie</b> Broccoli Biscuit Milk Dessert	<b>9</b> <b>Meatloaf</b> Mashed Sweet Potatoes Green Beans Dinner Roll Milk Dessert	<b>10</b> <b>Spaghetti &amp; Meatballs</b> Caesar Salad Italian Bread Milk Dessert	<b>11</b> <b>Egg Salad Sandwich</b> Lettuce / Tomato Chicken & Rice Soup Milk Dessert
<b>14</b> <b>Breaded Fish Filet</b> Scalloped Potatoes Carrot Raisin Salad Milk Dessert	<b>15</b> <b>Meatball Sandwich</b> Minestrone Soup Milk Dessert	<b>16</b> <b>Roast Chicken</b> Cornbread Casserole Brussel Sprouts Milk Dessert	<b>17</b> <b>Turkey Club Salad</b> Dinner Roll Milk Dessert	<b>18</b> <b>FLATBREAD FRIDAY</b> Assorted Flatbreads Soup Milk Dessert
<b>21</b> <b>Garlic &amp; Herb Tilapia</b> Brown Rice Mixed Vegetables Milk Dessert	<b>22</b>  <b>Baked Potato &amp; Salad Bar</b>	<b>23</b> <b>Chicken Parmesan</b> Penne Pasta Garden Salad Milk Dessert	<b>24</b> <b>Chicken Cheesesteak</b> Onions & Mushrooms Sweet Potato Fries Milk Dessert	<b>25</b> <b>Grilled Turkey &amp; Swiss</b> Tomato Soup Milk Dessert
<b>28</b> <b>Pesto Chicken Pasta</b> Squash Medley Italian Bread Milk Dessert	<b>29</b> <b>Hashbrown Breakfast Casserole</b> Muffin V8 Milk Fresh Fruit	<b>30</b> <b>BBQ Pork Sandwich</b> French Fries Cole Slaw Milk Dessert	<b>31</b> <b>HALLOWEEN</b>  <b>Pumpkin Soup</b> <b>Ghostly Shepherd's Pie</b>	Lunch is served at 12:00 pm  For those age 60+, a voluntary, confidential \$2.00 donation is requested. The cost of lunch for those under age 60 is \$5.70.

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.