








## *KASC Daily Lunch Menu - July*

Contact us at (610) 444-4819 to reserve your meal by 3:00 pm one week ahead or sign up in the lunch binder.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>1</b> <b>Sausage &amp; Peppers Sandwich</b> French Fries Milk Dessert	<b>2</b> <b>Turkey Tacos</b> Lettuce/Salsa/Cheese Brown Rice Milk Dessert	<b>3</b> <b>Meatloaf</b> Sweet Potatoes Mixed Vegetables Milk Dessert	<b>4</b> <b>KASC CLOSED</b>  	<b>5</b> <b>KASC CLOSED</b>  
<b>8</b> <b>Breakfast for Lunch</b> Scrambled Eggs Bacon Breakfast Potatoes Milk Fresh Fruit	<b>9</b> <b>Turkey Stir Fry</b> Brown Rice Mixed Vegetables Milk Dessert	<b>10</b> <b>Mandarin Chicken Salad Platter</b> Dinner Roll Milk Dessert	<b>11</b> <b>Italian Stuffed Peppers</b> Garden Salad Italian Bread Milk Dessert	<b>12</b> <b>Roast Beef Sandwich</b> Tomato Soup Milk Dessert
<b>15</b> <b>Roast Chicken</b> Cornbread Casserole Broccoli Milk Dessert	<b>16</b>  <b>Flatbread &amp; Salad Bar</b>	<b>17</b> <b>BBQ Pulled Pork Sandwich</b> Firecracker Coleslaw Roasted Potatoes Milk Dessert	<b>18</b> <b>Battered Fish Filet</b> Scalloped Potatoes Carrots Milk Dessert	<b>19</b> <b>Turkey Club Sandwich</b> Broccoli Salad Milk Dessert
<b>22</b> <b>Chicken Salad Wrap</b> Whole Wheat Tortilla Corn & Black Bean Salad Milk Dessert	<b>23</b> <b>Cheese Lasagna</b> Garden Salad Italian Bread Milk Dessert	<b>24</b> <b>Teriyaki Pork Meatballs</b> Brown Rice Broccoli Milk Dessert	<b>25</b> <b>Roast Turkey</b> Mashed Potatoes Green Beans Milk Dessert	<b>26</b> <b>USA</b>  <b>Cheeseburger</b> French Fries Milk Dessert
<b>29</b> <b>GREECE</b>  Chicken Souvlaki Spanikopita Milk Dessert	<b>30</b> <b>POLAND</b>  Stuffed Cabbage Rolls Pierogi Milk Dessert	<b>31</b> <b>SPAIN</b>  Chicken Paella Gazpacho Milk Dessert	Lunch is served at 12:00 pm  <b>PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</b>  For those age 60+, a voluntary, confidential \$2.00 donation is requested. The cost of lunch for those under age 60 is \$5.70.	

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.