



## KASC Activities – August 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
  <i>Birthday Lunch</i>  <i>August 20th</i>		  <i>Save the Date!</i>  <i>Saturday, Sept 21st</i>	<b>1 OLYMPIC GOLD DAY!</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 <b>OLYMPIC MEDAL GAMES!</b> 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>2</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>5</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	<b>6</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 12 Lunch 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	<b>7</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta	<b>8</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>9</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>12</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	<b>13</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 12 Lunch 12:45 Apple Watch-Using Health Apps (WE) 1-2 Aqua-Kendal 1-3 YMCA	<b>14</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta	<b>15</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>16</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>19</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	<b>20</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics <b>12 BIRTHDAY LUNCH!</b> 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	<b>21</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta	<b>22</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Reel Talk (WE) 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>23</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>26</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	<b>27</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 12 Lunch 12:45 Moovie & Milkshake 1-2 Aqua-Kendal 1-3 YMCA	<b>28</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club (CR) 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta	<b>29</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>30</b>  <b>CENTER CLOSED</b>  