

KASC Activities – June 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo	4 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10 Weight Wise Support Group (CR) 11 T'ai Chi Chih (WE) 12 Lunch 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	5 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	6 9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	7 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong – <i>1st Day!</i> 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
10 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo	11 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10 Weight Wise Support Group (CR) 11 Tai Chi Chih (WE) 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA	12 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	13 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Apple Watch Tips & Tricks (WE) 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	14 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
17 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	18 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10 Weight Wise Support Group (CR) 11 Tai Chi Chih (WE) 12 BIRTHDAY LUNCH! 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	19 <div style="color: red; font-size: 1.5em; font-weight: bold; text-align: center;"> CENTER CLOSED JUNETEENTH </div>	20 9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 11 NO Silver Sneakers 12 Lunch 12:45 NO Bunco 1-2 Aqua-Crosslands 1-3 YMCA CENTER CLOSING @ 12:30 6:00 NO Line Dancing	21 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
24 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo	25 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih (WE) 12 Lunch 12:45 Speaker Series: Life Lessons from an Uber Driver (WE) 1-2 Aqua-Kendal 1-3 YMCA	26 9:00 New You! (CR) preregistration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class	27 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Arts & Crafts – Card Making 1-2 Aqua-Crosslands 1-3 YMCA 6:00 NO Line Dancing	28 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<div style="color: red; font-size: 1.2em; font-weight: bold;"> Saturday, June 1st The area's biggest indoor Yard Sale 8:00 a.m. – 3:00 pm </div>				