

## KASC Activities – June 2024

| <i>Monday</i>  | <i>Tuesday</i>   | <i>Wednesday</i>  | <i>Thursday</i>  | <i>Friday</i>   |
|--|--|---|--|---|
| <b>3</b><br>9:00 Coffee & Conversation<br>9-3 Games/Cards/Puzzles<br>10 Bread/Baked Goods<br>10 Matter of Balance (WE) <i>Registration Req'd</i><br>11 Silver Sneakers<br>12 Lunch<br>12:30 Bingo  | <b>4</b><br>9:00 Coffee & Conversation<br>9-3 Games / Cards / Puzzles<br>10 Bread/Baked Goods<br>10 Mental Gymnastics<br>10 Weight Wise Support Group (CR)<br>11 T'ai Chi Chih (WE)<br>12 Lunch<br>12:45 Rummikub<br>1-2 Aqua-Kendal<br>1-3 YMCA               | <b>5</b><br>9:00 New You! (CR) – preregistration required<br>9 Coffee & Conversation<br>9-3 Games/Cards/Puzzles<br>10 Bread/Baked Goods<br>10:15 Alzheimer's Support Group (CR)<br>11 Silver Sneakers<br>11:45 Produce<br>12 Lunch<br>1:15 Canasta<br>12:45 Photo Class | <b>6</b><br>9:00 Coffee & Conversation<br>9-3 Cards/Games/Puzzles<br>9:30 Line Dancing (WE)<br>10 Bread/Baked Goods<br>10 Words of Life Study Group<br>11 Silver Sneakers<br>12 Lunch<br>12:45 Bunco<br>1-2 Aqua-Crosslands<br>1-3 YMCA<br>6:00 Line Dancing   | <b>7</b><br>9:00 Coffee & Conversation<br>9-12 Genealogy<br>9-3 Games/Cards/Puzzles<br>10 Mahjong – <i>1<sup>st</sup> Day!</i><br>10:30-11:00 One-on-One Tech Help (By Appt only)<br>12 Lunch |
| <b>10</b><br>9:00 Coffee & Conversation<br>9-3 Games/Cards/Puzzles<br>10 Bread/Baked Goods<br>10 Matter of Balance (WE) <i>Registration Req'd</i><br>11 Silver Sneakers<br>12 Lunch<br>12:30 Bingo   | <b>11</b><br>9:00 Coffee & Conversation<br>9-3 Games / Cards / Puzzles<br>10 Bread/Baked Goods<br>10 Mental Gymnastics<br>10 Weight Wise Support Group (CR)<br>11 Tai Chi Chih (WE)<br>12 Lunch<br>1-2 Aqua-Kendal<br>1-3 YMCA                                 | <b>12</b><br>9:00 New You! (CR) – preregistration required<br>9 Coffee & Conversation<br>9-3 Games/Cards/Puzzles<br>10 Bread/Baked Goods<br>11 Silver Sneakers<br>11:45 Produce<br>12 Lunch<br>1:15 Canasta<br>12:45 Photo Class  | <b>13</b><br>9:00 Coffee & Conversation<br>9-12 Medicare Counseling<br>9-3 Cards/Games/Puzzles<br>9:30 Line Dancing (WE)<br>10 Bread/Baked Goods<br>10 Words of Life Study Group<br>11 Silver Sneakers<br>12 Lunch<br>12:45 Apple Watch Tips & Tricks (WE)<br>1-2 Aqua-Crosslands<br>1-3 YMCA<br>6:00 Line Dancing           | <b>14</b><br>9:00 Coffee & Conversation<br>9-12 Genealogy<br>9-3 Games/Cards/Puzzles<br>10 Mahjong<br>10:30-11:00 One-on-One Tech Help (By Appt only)<br>12 Lunch                             |
| <b>17</b><br>9:00 Coffee & Conversation<br>9-3 Games/Cards/Puzzles<br>10 Bread/Baked Goods<br>10 Matter of Balance (WE) <i>Registration Req'd</i><br>11 Silver Sneakers<br>12 Lunch<br>12:30 Bingo<br>12:45 Healthy Grieving Support Group (CR)        | <b>18</b> 9:00 Coffee & Conversation<br>9-3 Games / Cards / Puzzles<br>10 Bread/Baked Goods<br>10 Mental Gymnastics<br>10 Weight Wise Support Group (CR)<br>11 Tai Chi Chih (WE)<br><b>12 BIRTHDAY LUNCH!</b><br>12:45 Rummikub<br>1-2 Aqua-Kendal<br>1-3 YMCA | <b>19</b><br><br><div style="color: red; font-size: 1.5em; font-weight: bold; text-align: center;">                         CENTER<br/>                         CLOSED<br/>                         JUNETEENTH                     </div>                               | <b>20</b><br>9:00 Coffee & Conversation<br>9-3 Cards/Games/Puzzles<br>9:30 Line Dancing (WE)<br>10 Bread/Baked Goods<br>10 Words of Life Study Group<br>11 <b>NO</b> Silver Sneakers<br>12 Lunch<br>12:45 <b>NO</b> Bunco<br>1-2 Aqua-Crosslands<br>1-3 YMCA<br><b>CENTER CLOSING @ 12:30</b><br>6:00 <b>NO</b> Line Dancing | <b>21</b><br>9:00 Coffee & Conversation<br>9-12 Genealogy<br>9-3 Games/Cards/Puzzles<br>10 Mahjong<br>10:30-11:00 One-on-One Tech Help (By Appt only)<br>12 Lunch                             |
| <b>24</b><br>9:00 Coffee & Conversation<br>9-3 Games/Cards/Puzzles<br>10 Bread/Baked Goods<br>10 Matter of Balance (WE) <i>Registration Req'd</i><br>11 Silver Sneakers<br>12 Lunch<br>12:30 Bingo   | <b>25</b><br>9:00 Coffee & Conversation<br>9-3 Games / Cards / Puzzles<br>10 Bread/Baked Goods<br>10 Mental Gymnastics<br>11 Tai Chi Chih (WE)<br>12 Lunch<br>12:45 Speaker Series: Life Lessons from an Uber Driver (WE)<br>1-2 Aqua-Kendal<br>1-3 YMCA       | <b>26</b> 9:00 New You! (CR) preregistration required<br>9 Coffee & Conversation<br>9-3 Cards/Games/Puzzles<br>10 Bread/Baked Goods<br>10 Book Club<br>11 Silver Sneakers<br>11:45 <b>NO PRODUCE</b><br>12 Lunch<br>12:45 Canasta<br>12:45 Photo Class                  | <b>27</b> 9:00 Coffee & Conversation<br>9-12 Medicare Counseling<br>9-3 Games/Cards/Puzzles<br>9:30 Line Dancing (WE)<br>10 Bread/Baked Goods<br>10 Words of Life Study Group<br>11 Silver Sneakers<br>12 Lunch<br>12:45 Arts & Crafts – Card Making<br>1-2 Aqua-Crosslands<br>1-3 YMCA<br>6:00 <b>NO</b> Line Dancing       | <b>28</b><br>9:00 Coffee & Conversation<br>9-12 Genealogy<br>9-3 Games/Cards/Puzzles<br>10 Mahjong<br>10:30-11:00 One-on-One Tech Help (By Appt only)<br>12 Lunch                             |
| <div style="color: red; font-size: 1.2em; font-weight: bold;">                         Saturday, June 1st<br/>                         The area's biggest indoor Yard Sale<br/>                         8:00 a.m. – 3:00 pm                     </div> |  |   |  |   |