

KASC Activities – July 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo	2 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 12 Lunch 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	3 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11 Silver Sneakers 11:45 NO PRODUCE 12 Lunch 12:45 Canasta 12:45 Photo Class	4 <i>CENTER CLOSED</i> <i>July Fourth Holiday</i>	5 <i>CENTER CLOSED</i> <i>July Fourth Holiday</i>
8 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo	9 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih (WE) 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA	10 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class	11 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45: Flower Arranging 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	12 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
15 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	16 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih (WE) 12 BIRTHDAY LUNCH! 12:45 Rummikub 1-2 Aqua-Kendal 1-3 YMCA	17 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class	18 9:00 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	19 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
22 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Matter of Balance (WE) <i>Registration Req'd</i> 11 Silver Sneakers 12 Lunch 12:30 Bingo	23 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih (WE) 12 Lunch 12:45 Outsmarting Phone Scammers! (WE) 1-2 Aqua-Kendal 1-3 YMCA	24 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class	25 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Arts & Crafts (TBD) 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	26 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10 Mahjong 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
29 OLYMPICS WEEK! 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	30 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 11 Tai Chi Chih (WE) 12 Lunch 12:45 Olympic Baseball 1-2 Aqua-Kendal 1-3 YMCA	31 9:00 New You! (CR) – preregistration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class	GO FOR THE GOLD!! JOIN US FOR OUR SENIOR CENTER OLYMPIC COMPETITION!	