


## KASC Activities – April 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>1</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	<b>2</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 9-3 AARP Tax Prep (by Appt only) 10 Bread/Baked Goods 10-11:30: Blood Pressure Screening (CR) 11 Weight Wise 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA	<b>3</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	<b>4</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9-3 AARP Tax Prep (By Appt only) 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>5</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>8</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	<b>9</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 11 Weight Wise 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA	<b>10</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	<b>11</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Spring Greeting Card Making 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>12</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>15</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	<b>16</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Weight Wise Support Group (WE) 10-11:30: Blood Pressure Screening (CR) <b>12 BIRTHDAY LUNCH!</b> 1-2 Aqua-Kendal 1-3 YMCA	<b>17</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	<b>18</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 10-11:30: Blood Pressure Screening 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>19</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>22</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10 Time to Love Gardening! (WE) 11 Silver Sneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	<b>23</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Weight Wise Support Group (CR) 11 T'ai Chi Chih (WE) 12 Lunch 12:45 Speaker Series: Caring Conversations 1-2 Aqua-Kendal 1-3 YMCA	<b>24</b> 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class	<b>25</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	<b>26</b> 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
<b>29</b> 9:00 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	<b>30</b> 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Weight Wise Support Group (CR) 11 T'ai Chi Chih (WE) 12 Lunch 12:45 KASC @ The Races! 1-2 Aqua-Kendal 1-3 YMCA	<b>April 22 Earth Day:</b> <b>Guest speaker:</b> <b>Master Gardener</b> 	<b>April 23 KASC</b> <b>Speaker Series:</b>  <i>"Caring Conversations"</i>	<b>April 30</b> <b>Kentucky Derby Day!</b> 