





KASC Daily Lunch Menu - March

Contact us at (610) 444-4819 to reserve your meal by 3:00 pm one week ahead or sign up in the lunch binder.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Lunch is served at 12:00 pm PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE For those age 60+, a voluntary, confidential \$2.00 donation is requested. The cost of lunch for those under age 60 is \$5.70.				1 Egg Salad Sandwich Lettuce & Tomato Whole Wheat Bread Tomato Soup Milk Dessert
4 Baked Chicken Cornbread Casserole Brussel Sprouts Milk Dessert	5 Tuna Noodle Casserole Garden Salad Milk Dessert	6 Cheeseburger Lettuce/Tomato/Onion Oven Baked Fries Milk Dessert	7 Roast Turkey Sweet Potatoes Green Beans Dinner Roll Milk Dessert	8 Breakfast for Lunch Scrambled Eggs French Toast Vegetable Juice Fresh Fruit Milk
11 Roast Beef Mashed Potatoes Carrots Dinner Roll Milk Dessert	12 Cheese Lasagna Garlic Salad Italian Bread Milk Dessert	13 Chili & Baked Potato Turkey Chili Baked Potato Broccoli Milk Dessert	14 Chicken Sandwich Lettuce / Tomato Sweet Potato Fries Milk Dessert	15 Tuna Salad Sandwich Lettuce / Tomato Cream of Potato Soup Milk Dessert
18 Sloppy Joe Tater Tots Cole Slaw Milk Dessert	 Pineapple Teriyaki Chicken over Rice	20 Shepherd's Pie Cornbread Muffin Milk Dessert	21 Garlic & Herb Tilapia Macaroni & Cheese Carrots Milk Dessert	22 Cheese Pizza Minestrone Soup Garden Salad Milk Dessert
25 Breaded Fish Sandwich Scalloped Potatoes Winter Blend Veggies Milk Dessert	 Broccoli & Ham Quiche Strawberry Spinach Salad	27 Baked Ziti w/ Meat Sauce Green Beans Italian Bread Milk Dessert	28 Chicken Fajitas Peppers & Onions Flour Tortilla Brown Rice Milk Dessert	29 KASC CLOSED 

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services.

IMPORTANT NOTICE: Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.