



## KASC Activities – March 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><i>3/14: Garden Naturally w/Mt. Cuba</i></p> <p><b>M<sup>T</sup>.CUBA CENTER</b></p>	<p><i>3/26: Spring Lunch</i></p> 	<p><i>3/28 - Spirit Day!</i></p> 		<p><b>1</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-12 Genealogy</p> <p>9-3 Games/Cards/ Puzzles</p> <p>10:30-11:00 One-on-One Tech Help (By Appt only)</p> <p>12 Lunch</p>
<p><b>4</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games/Cards/ Puzzles</p> <p>10 Bread/Baked Goods</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:30 Bingo</p>	<p><b>5</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games / Cards / Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>10 Bread/Baked Goods</p> <p>10-11:30: Blood Pressure Screening (CR)</p> <p>10 Mental Gymnastics</p> <p>11 Weight Wise</p> <p>12 Lunch</p> <p>1-2 Aqua-Kendal</p> <p>1-3 YMCA</p>	<p><b>6</b></p> <p>9:00 New You! (CR) – preregistration required</p> <p>9 Coffee &amp; Conversation</p> <p>9-3 Games/Cards/Puzzles</p> <p>10 Bread/Baked Goods</p> <p>10:15 Alzheimer's Support Group (CR)</p> <p>11 Silver Sneakers</p> <p>11:45 Produce</p> <p>12 Lunch</p> <p>1:15 Canasta</p> <p>12:45 Photo Class</p>	<p><b>7</b> 9:00 Coffee &amp; Conversation</p> <p>9-12 Medicare Counseling</p> <p>9-3 Cards/Games/Puzzles</p> <p>9-3 AARP Tax Prep (By Appt only)</p> <p>9:30 Line Dancing (SH)</p> <p>10 Bread/Baked Goods</p> <p>10 Words of Life Study Group</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:45 Bunco</p> <p>1-2 Aqua-Crosslands</p> <p>1-3 YMCA</p> <p>6:00 Line Dancing</p>	<p><b>8</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-12 Genealogy</p> <p>9-3 Games/Cards/ Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>10:30-11:00 One-on-One Tech Help (By Appt only)</p> <p>12 Lunch</p>
<p><b>11</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games/Cards/ Puzzles</p> <p>10 Bread/Baked Goods</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:30 Bingo</p>	<p><b>12</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games / Cards / Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>10 Bread/Baked Goods</p> <p>10 Mental Gymnastics</p> <p>11 <b>NO</b> Weight Wise</p> <p>12 Lunch</p> <p>1-2 Aqua-Kendal</p> <p>1-3 YMCA</p>	<p><b>13</b></p> <p>9:00 New You! (CR) – preregistration required</p> <p>9 Coffee &amp; Conversation</p> <p>9-3 Games/Cards/Puzzles</p> <p>10 Bread/Baked Goods</p> <p>11 Silver Sneakers</p> <p>11:45 Produce</p> <p>12 Lunch</p> <p>1:15 Canasta</p> <p>12:45 Photo Class</p>	<p><b>14</b> 9:00 Coffee &amp; Conversation</p> <p>9-12 Medicare Counseling</p> <p>9-3 Cards/Games/Puzzles</p> <p>9-3 AARP Tax Prep (By Appt only)</p> <p>9:30 Line Dancing (SH)</p> <p>10 Bread/Baked Goods</p> <p>10 Words of Life Study Group</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:45 Garden Naturally (Guest Speakers from Mt. Cuba)</p> <p>1-2 Aqua-Crosslands</p> <p>1-3 YMCA</p> <p>6:00 Line Dancing</p>	<p><b>15</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-12 Genealogy</p> <p>9-3 Games/Cards/ Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>10:30-11:00 One-on-One Tech Help (By Appt only)</p> <p>12 Lunch</p>
<p><b>18</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games/Cards/ Puzzles</p> <p>10 Bread/Baked Goods</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:30 Bingo</p> <p>12:45 Healthy Grieving Support Group (CR)</p>	<p><b>19</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games / Cards / Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>10 Bread/Baked Goods</p> <p>10-11:30: Blood Pressure Screening (CR)</p> <p>10 Mental Gymnastics</p> <p>11 Weight Wise</p> <p><b>12 BIRTHDAY LUNCH!</b></p> <p>1-2 Aqua-Kendal</p> <p>1-3 YMCA</p>	<p><b>20</b></p> <p>9:00 New You! (CR) – preregistration required</p> <p>9 Coffee &amp; Conversation</p> <p>9-3 Cards/Games/Puzzles</p> <p>10 Bread/Baked Goods</p> <p>11 Silver Sneakers</p> <p>11:45 Produce</p> <p>12 Lunch</p> <p>12:45 Canasta</p> <p>12:45 Photo Class</p>	<p><b>21</b> 9:00 Coffee &amp; Conversation</p> <p>9-12 Medicare Counseling</p> <p>9-3 Games/Cards/Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>9:30 Line Dancing (SH)</p> <p>10 Bread/Baked Goods</p> <p>10 Words of Life Study Group</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:45 Bunco</p> <p>1-2 Aqua-Crosslands</p> <p>1-3 YMCA</p> <p>6:00 Line Dancing</p>	<p><b>22</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-12 Genealogy</p> <p>9-3 Games/Cards/ Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>10:30-11:00 One-on-One Tech Help (By Appt only)</p> <p>12 Lunch</p>
<p><b>25</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games/Cards/ Puzzles</p> <p>10 Bread/Baked Goods</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:30 Bingo</p>	<p><b>26</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-3 Games / Cards / Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>10 Bread/Baked Goods</p> <p>10 Mental Gymnastics</p> <p>11 Weight Wise</p> <p><b>12 Spring Lunch</b></p> <p>12:45 Table Games &amp; Craft</p> <p>1-2 Aqua-Kendal</p> <p>1-3 YMCA</p>	<p><b>27</b></p> <p>9:00 New You! (CR) – preregistration required</p> <p>9 Coffee &amp; Conversation</p> <p>9-3 Cards/Games/Puzzles</p> <p>10 Bread/Baked Goods</p> <p>10 Book Club</p> <p>11 Silver Sneakers</p> <p>11:45 Produce</p> <p>12 Lunch</p> <p>12:45 Canasta</p> <p>12:45 Photo Class</p>	<p><b>28 SPIRIT DAY!</b></p> <p>9:00 Coffee &amp; Conversation</p> <p>9-12 Medicare Counseling</p> <p>9-3 Games/Cards/Puzzles</p> <p>9-3 AARP Tax Prep (by Appt only)</p> <p>9:30 Line Dancing (SH)</p> <p>10 Bread/Baked Goods</p> <p>10 Words of Life Study Group</p> <p>11 Silver Sneakers</p> <p>12 Lunch</p> <p>12:45 Phillies Home Opening Day Fun!</p> <p>1-2 Aqua-Crosslands</p> <p>1-3 YMCA</p> <p>6:00 <b>NO</b> Line Dancing</p>	<p><b>29</b></p> <p style="text-align: center;"><i><b>Center Closed: Good Friday</b></i></p>