



KASC Activities – April 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	2 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 9-3 AARP Tax Prep (by Appt only) 10 Bread/Baked Goods 10-11:30: Blood Pressure Screening (CR) 11 Weight Wise 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA	3 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	4 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9-3 AARP Tax Prep (By Appt only) 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	5 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
8 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	9 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 9-3 AARP Tax Prep (by Appt only) 10 Bread/Baked Goods 11 Weight Wise 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA	10 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	11 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 12:45 Spring Greeting Card Making 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	12 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
15 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (CR)	16 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10-11:30: Blood Pressure Screening (CR) 12 BIRTHDAY LUNCH! 1-2 Aqua-Kendal 1-3 YMCA	17 9:00 New You! (CR) – pre-registration required 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 11:45 Produce 12 Lunch 1:15 Canasta 12:45 Photo Class	18 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 10-11:30: Blood Pressure Screening 11 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	19 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
22 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 10 Time to Love Gardening! (WE) 11 Silver Sneakers 12 Lunch 12:30 Bingo	23 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 11 T'ai Chi Chih (WE) 12 Lunch 12:45 Speaker Series: Caring Conversations 1-2 Aqua-Kendal 1-3 YMCA	24 9:00 New You! (CR) – pre- registration required 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 10 Bread/Baked Goods 10 Book Club 11 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class	25 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/Puzzles 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Words of Life Study Group 11 Silver Sneakers 12 Lunch 1-2 Aqua-Crosslands 1-3 YMCA 6:00 Line Dancing	26 9:00 Coffee & Conversation 9-12 Genealogy 9-3 Games/Cards/ Puzzles 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch
29 9:00 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 11 Silver Sneakers 12 Lunch 12:30 Bingo	30 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Kentucky Derby Hat Decorating 11 T'ai Chi Chih (WE) 12 Lunch 12:45 KASC @ The Races! 1-2 Aqua-Kendal 1-3 YMCA	April 22 Earth Day: Guest speaker: Master Gardener 	April 23 KASC Speaker Series: <i>"Caring Conversations"</i>	April 30 Kentucky Derby Day! 

Please note activities subject to change without notice. (SH): Shade Hall (WE): Wendel (CR): Community Room Updated 03-21-24