




KASC Daily Lunch Menu - September 2023

Contact us at (610) 444-4819 to reserve your meal by 3:00 pm Monday for the FOLLOWING week or sign up in the lunch binder.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>Lunch is served at 12:00 pm</p> <p>PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.</p>	 <p>Chester County Department of Aging Services</p>	<p>For those age 60+, a voluntary, confidential \$2.00 donation is requested. The cost of lunch for those under age 60 is \$5.70.</p>		<p>1</p> <p>Chicken Salad Sandwich Lettuce / Tomato Cole Slaw Peaches Milk</p>
<p>4</p> 	<p>5</p> <p>Garlic & Herb Tilapia Brown Rice Winter Blend Veggies Dinner Roll Sliced Apples Milk</p>	<p>6</p> <p>Labor Day Celebration Hot Dog on a Bun Baked Beans Pasta Salad Ice Cream Milk</p>	<p>7</p> <p>Chicken Parmesan Penne Pasta Winter Blend Veggies Italian Bread Pears Milk</p>	<p>8</p> <p>Grilled Cheese Sandwich Tomato Soup Carrot Raisin Salad Cantaloupe Milk</p>
<p>11</p> <p>Penne Pasta w/ Meatballs Green Beans Italian Bread Pineapples Milk</p>	<p>12</p> <p>Roast Pork Wild Rice Collard Greens Dinner Roll Strawberries Milk</p>	<p>13</p> <p>Meatloaf Mashed Potatoes Gravy Green Beans Dinner Roll Watermelon Milk</p>	<p>14</p> <p>Roast Turkey w/ Gravy Sweet Potatoes Broccoli Applesauce Milk</p>	<p>15</p> <p>Tuna Platter Lettuce & tomato Cucumbers Crackers Chicken Orzo Soup Oatmeal Crème Pie Milk</p>
<p>18</p> <p>Pulled BBQ Turkey Sandwich Oven Baked Fries Mixed Veggies Applesauce Milk</p>	<p>19</p>  <p>Chicken Cacciatore</p>	<p>20</p> <p>Meatball Sandwich Green Beans Chocolate Pudding Milk</p>	<p>21</p> <p>Breakfast for Lunch Scrambled Eggs Sausage Hashbrown Potatoes Muffin Fresh Fruit Milk</p>	<p>22</p> <p>Chicken Salad Sandwich Lettuce / Tomato Cole Slaw Watermelon Milk</p>
<p>25</p> <p>Swedish Meatballs Egg Noodles Green Beans Wheat Bread Fruit Crisp Milk</p>	<p>26</p> <p>Sausage w/ Peppers And Onions Club Roll Potato Salad Oatmeal Raisin Cookie Milk</p>	<p>27</p> <p>Baked Chicken Gravy Stuffing Brussel Sprouts Banana Pudding Milk</p>	<p>28</p> <p>Breaded Fish Filet Wild Rice Winter Blend Veggies Angel Food Cake Sliced Strawberries Milk</p>	<p>29</p> <p style="text-align: center;">CLOSED FOR YARD SALE SET-UP</p>

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.