

KASC Activities – August 2023

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	1 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History (CR) 11 Mental Gymnastics 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	2 9:00 New You! (CR) – pre-registration required. 9:00 Coffee & Conversation 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	3 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	4 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 9-3 Games/Cards/Puzzles
7 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 12:30 Bingo 9-3 Games/Cards/ Puzzles	8 9:00 Coffee & Conversation 9:30 10 Bread/Baked Goods 10 Living History (CR) 11 Mental Gymnastics 12 Lunch 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles 5:00 Doors Open for Evening Bingo – Games begin 6:30!	9 9:00 New You! (CR) – pre-registration required. 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	10 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Poker 1-2 Aqua-Crosslands 1-3 YMCA 9-12 Cards/Games/Puzzles 6:00 Line Dancing	11 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 9-3 Games/Cards/Puzzles
14 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 12:30 Bingo 9-3 Games/Cards/ Puzzles	15 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 NO Living History (CR) 11 Mental Gymnastics 12 BIRTHDAY LUNCH 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	16 9:00 New You! (CR) – pre- registration required. 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	17 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	18 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 9-3 Games/Cards/Puzzles
21 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group (WE) 9-3 Games/Cards/ Puzzles	22 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 NO Living History (CR) 11 Mental Gymnastics 12 Lunch 1 Senior Citizen Home Maint. Program – Guest Speaker 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	23 9:00 New You! (CR) – pre-registration required. 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 KASC Book Club 2311:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Cards/Games/Puzzles	24 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Corn Hole 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	25 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 9-3 Games/Cards/Puzzles
28 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 12:30 Bingo 9-3 Cards/Games/ Puzzles	29 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 NO Living History (CR) 11 Mental Gymnastics 12 Lunch 12:45 Emergency Preparedness - Guest Speaker 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	30 9:00 New You! (CR) – pre-registration required. 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Cards/Games/Puzzles	31 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 NO Maker Day 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	August 15 Birthday Lunch (Horse Races to follow!) 