

KASC Activities – May 2023

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group 9-3 Games/Cards/ Puzzles	2 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 NO Living History (CR) 12 Lunch 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	3 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 12:45 New Horizons: TBD 9-3 Games/Cards/Puzzles	4 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	5 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/ Puzzles
8 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 9-3 Games/Cards/ Puzzles	9 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History (CR) 11 Mental Gymnastics 12 Mother's Day Luncheon 12:45 Charades 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles 5:00 Doors Open for Evening Bingo – Games begin 6:30!	10 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	11 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 1-2 Aqua-Crosslands 12:45 Poker 1-3 YMCA 9-3 Cards/Games/Puzzles 6:00 NO Line Dancing	12 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/ Puzzles
15 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:45 Healthy Grieving Support Group 12:30 Bingo 9-3 Games/Cards/ Puzzles	16 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History (CR) 11 Mental Gymnastics 12 BIRTHDAY LUNCH! 12:45 Group Fun! 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	17 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	18 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	19 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/ Puzzles
22 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 9-3 Cards/Games/ Puzzles	23 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History (CR) 11 Mental Gymnastics 12 Lunch 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	24 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 KASC Book Club 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Cards/Games/Puzzles	25 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Words of Life Study Group (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Maker Day – Creative Card Making 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	26 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/ Puzzles
29 <div style="color: red; font-weight: bold; font-size: 1.2em;"> CENTER CLOSED: MEMORIAL DAY </div> 	30 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History (CR) 11 Mental Gymnastics 12 Lunch 12:45 Group Fun! 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	31 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 12:45 Movie Matinee (Murder She Wrote) 9-3 Cards/Games/Puzzles	Tuesday, May 9 	Tuesday May 16 Celebrating all May B'days! 