

## KASC Activities – March 2023

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		<b>1</b> 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 New Horizons: Snack Stronger 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	<b>2</b> 9:00 Coffee & Conversation 9-3 AARP Tax Prep (By Appt only) 9-12 Medicare Counseling 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Bible Study 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	<b>3</b> 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 9-3 Games/Cards/Puzzles
<b>6</b> 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group 9-3 Games/Cards/Puzzles	<b>7</b> 9:00 Coffee & Conversation 9-3 AARP Tax Prep (By Appt only) 10 Bread/Baked Goods 10 Living History (CR) 12:30 Family Feud 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	<b>8</b> 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	<b>9</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 AARP Tax Prep (By Appt only) 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Bible Study (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Charades! 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Cards/Games/Puzzles 6:00 Line Dancing	<b>10</b> 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/Puzzles
<b>13</b> 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 9-3 Games/Cards/Puzzles	<b>14</b> 9:00 Coffee & Conversation 9-3 AARP Tax Prep (By Appt only) 10 Bread/Baked Goods 10 <b>NO</b> Living History 12 Lunch 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	<b>15</b> 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 <b>St. Patty's Day Lunch</b> 12:45 Canasta 12:45 Photo Class (CR) 9-3 Games/Cards/Puzzles	<b>16</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 AARP Tax Prep (By Appt only) 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Bible Study (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	<b>17</b> 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 11:00 Friday Fun! 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/Puzzles
<b>20</b> 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 12:45 Healthy Grieving Support Group 9-3 Cards/Games/Puzzles	<b>21 TROPICAL DAY!</b> 9:00 Coffee & Conversation 9-3 AARP Tax Prep (By Appt only) 10 Bread/Baked Goods 10 <b>NO</b> Living History (CR) 12 <b>BIRTHDAY LUNCH!</b> 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	<b>22</b> 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 KASC Book Club 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Photo Class (CR) 9-3 Cards/Games/Puzzles	<b>23</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 AARP Tax Prep (By Appt only) 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Bible Study (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Charades! 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing (WE)	<b>24</b> 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 11:00 Friday Fun! 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/Puzzles
<b>27</b> 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 9-3 Cards/Games/Puzzles	<b>28</b> 9:00 Coffee & Conversation 9-3 AARP Tax Prep (By Appt only) 10 Bread/Baked Goods 10 Living History (CR) 12 Lunch 1-2 One-on-One Tech Help (By Appt only) 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	<b>29</b> 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 11:45 Produce 12 Lunch 12:45 Canasta 12:45 Movie Matinee (TBD) 12:45 Photo Class (CR) 9-3 Cards/Games/Puzzles	<b>30</b> 9:00 Coffee & Conversation 9-12 Medicare Counseling 9-3 AARP Tax Prep (By Appt only) 9:30 Line Dancing (SH) 10 Bread/Baked Goods 10 Bible Study (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Maker Day (TBD) 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing (WE)	<b>31</b> 9:00 Coffee & Conversation 9-12 Genealogy 10:30-11:00 One-on-One Tech Help (By Appt only) 11:00 Friday Fun! 12 Lunch 12:45 Chair Yoga (WE) 9-3 Games/Cards/Puzzles