

KASC Daily Lunch Menu - January 2023

Contact us at (610) 444-4819 to reserve your meal by 3:00 pm Monday for the FOLLOWING week or sign up in the lunch binder.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 	3 Breakfast for Lunch Scrambled Eggs Sausage Breakfast Potatoes Muffins Fruit Cup Milk	4 New Year's Celebration Chicken Cordon Bleu Roasted Potatoes Brussel Sprouts Cabbage & Beef Soup Cupcake Milk	5 Baked Ziti Romaine Garden Salad Garlic Knot Rice Pudding Milk	6 General Tso Chicken Brown Rice Oriental Blend Veggies Egg Roll Mandarin Oranges Milk
9 Chicken Cheesesteak Carrot Raisin Salad French Fries Oatmeal Cookies Milk	10 Pizza Tuscan Blend Veggies Chicken Noodle Soup w/ crackers Fruit Cocktail Milk	11 Enchilada Bake Tex Mex Veggies Navy Bean Soup w/ crackers Churro Milk	12 Turkey w/ gravy Mashed Potatoes Brussel Sprouts Dinner Roll Fruit Crisp Milk	13 Beef Stew Garden Salad Roll Dessert Milk
16 Cheese Stuffed Shells w/ Marinara sauce Caesar Salad Garlic Bread Pineapples Milk	17 Salisbury Steak w/ gravy Oven Roasted Potatoes Green Beans Dinner Roll Jello w/ whipped topping Milk	18 BIRTHDAY LUNCH Glazed Pork Loin Baked Potato Collard Greens Minestrone Soup w/ crackers Cupcake & Ice Cream Milk	19 Turkey Divan Broccoli Egg Noodles Oatmeal Cream Pie Milk	20 Sloppy Joes Tater Tots Green Beans Pudding Milk
23 Crispy Chicken Sandwich Potato Salad Applesauce Vegetable Soup w/ crackers Milk	24 Chili Con Carne Corn Muffin Romaine Salad Pineapples Milk	25 Tuna Noodle Casserole Green Beans Roasted Tomatoes Cake Milk	26 Grilled Turkey Ham & Swiss Cole Slaw Tomato Soup w/ crackers Peaches Milk	27 Shepherd's Brown Rice Edamame Mandarin Oranges Milk
30 Open Faced Roast Beef Sandwich w/ gravy Mashed Potatoes Winter Blend Veggies Fruit Crisp Milk	31 Chicken Bruschetta Brown Rice Green Beans Escarole Soup w/ crackers Peaches Milk	Lunch is served at 12:00 pm	PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. For those age 60+, a voluntary, confidential \$2.00 donation is requested. The cost of lunch for those under age 60 is \$5.53.	

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.