



## KASC Daily Lunch Menu - November 2022

Contact us at (610) 444-4819 to reserve your meal by 3:00 pm Monday for the FOLLOWING week or sign up in the lunch binder.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Lunch served at 12:00pm</b>	<b>1</b> Breakfast for Lunch Scrambled Eggs / Bacon Breakfast Potatoes Sticky Buns Fresh Fruit Milk	<b>2</b> Crispy Chicken Sandwich Carrots Applesauce Vegetable Soup Milk	<b>3</b> Enchilada Bake Tomato / Cucumber Salad Corn Chowder Churro Milk	<b>4</b> BBQ Pulled Pork Sandwich Sweet Potato Fries Brownies Milk
<b>7</b> Salisbury Steak w/ gravy Buttered Noodles Green Beans Dinner Roll Jello Milk	<b>8</b> Chicken Cheesesteak Potato Salad Minestrone Soup Pound Cake w/ Blueberries and whipped topping Milk	<b>9</b> Baked Ziti Romaine Garden Salad Garlic Texas Toast Cupcake & Ice Cream Milk	<b>10</b> Turkey Ham & Swiss On Rye Baked Fries Tomato Soup / Crackers Sugars Milk	<b>11</b> <b>VETERAN'S DAY</b> Roast Pork Mashed Potatoes Green Beans Dinner Roll Boston Cream Pie Milk
<b>14</b> Pizza Tuscan Blend Veggies Chicken Noodle Soup w/ crackers Fruit Cocktail Milk	<b>15</b> Chicken Salad Hoagie Carrot Raisin Salad Cream of Broccoli Soup w/ crackers Oatmeal Cookies Milk	<b>16</b> <b>THANKSGIVING MEAL</b> Roast Turkey w/ gravy Stuffing Candied Yams Pumpkin Pie Milk	<b>17</b> Roast Beef Sandwich Au Jus Tater Tots Winter Blend Veggies Chocolate Pudding Milk	<b>18</b> Pepper Steak Brown Rice Broccoli Mandarin Oranges Milk
<b>21</b> Beef Gyro Tzatziki Sauce Pita Bread Roasted Potatoes Vanilla Pudding Milk	<b>22</b> Tuna Platter Garden Salad Chicken Orzo Soup w/ crackers Pears Milk	<b>23</b> Spaghetti & Meatballs Roasted Vegetables Garlic Bread Mandarin Oranges Milk	 <i>Happy Thanksgiving</i>	 Senior Center Closed
<b>MANAGER'S CHOICE</b>	<b>29</b> Turkey Divan Broccoli Egg Noodles Beef Barley Soup w/ crackers Oatmeal Crème Pie Milk	<b>29</b> Chili Con Carne Corn Muffin Romaine Garden Salad Pineapples Milk	<b>PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.</b>  For those age 60+, a voluntary, confidential \$2.00 donation is requested. The cost of lunch for those under age 60 is \$5.53.	

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.