




KASC Activities – November 2022

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	1 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History (CR) 10-12 Matter of Balance (WE) 11 Mental Gymnastics 12 Lunch 12:45 Family Feud 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	2 8:30 New You! (CR) 9:00 Coffee & Conversation 10:15 Alzheimer's Support Group (CR) 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 11:45 Produce 12:45-3 Photo Class 12:45 Charades! 9-3 Games/Cards/Puzzles	3 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Bible Study 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	4 9:00 Coffee & Conversation 9-12 Genealogy 12 Lunch 9-3 Games/Cards/Puzzles
7 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 9-3 Games/Cards/Puzzles	8 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History (CR) 11 Mental Gymnastics 10-12 Matter of Balance (WE) 12:45 Charades! 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	9 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 11:45 Produce 12:45 New Horizons: Yoga & Osteoporosis 12:45-3 Photo Class (CR) 9-3 Games/Cards/Puzzles	10 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Bible Study (CR) 11:00 Silver Sneakers 12 Lunch <b style="color: red;">Center closing at 12:30 (except for:) 6:00 p.m. Line Dancing	11 9:00 Coffee & Conversation 9-12 NO Genealogy 10:30 Veterans Day Program 12 Lunch 9-3 Games/Cards/Puzzles <div style="text-align: center;"></div>
14 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers (SH) 12 Lunch 12:30 Bingo 9-3 Games/Cards/Puzzles	15 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 NO Living History (CR) 11 Mental Gymnastics 12 Lunch 12:30 Group Murder Mystery Party 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	16 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 11:45 Produce 12:45 Meditation 12:45-3 Photo Class (CR) 9-3 Games/Cards/Puzzles	17 9:00 Coffee & Conversation 9-12 Medicare Counseling 9:30 Line Dancing (WE) 10 Bread/Baked Goods 10 Bible Study (CR) 11:00 Silver Sneakers 12 Lunch 12:45 Bunco 1-2 Aqua-Crosslands 1-3 YMCA 9-3 Games/Cards/Puzzles 6:00 Line Dancing	18 9:00 Coffee & Conversation 9-12 Genealogy 12 Lunch 9-3 Games/Cards/Puzzles
21 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 NO Silver Sneakers (SH) 12 Lunch 12:30 Bingo 9-3 Cards/Games/Puzzles	22 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History 11 Mental Gymnastics 12 Lunch 12:45 Chair Yoga 1-2 NO Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	23 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 NO Silver Sneakers 12 Lunch 11:45 Produce 12:45-3 Photo Class (CR) 12:45 Charades! 9-3 Cards/Games/Puzzles	24 <div style="text-align: center;"></div> <p style="text-align: center; color: brown; font-size: 1.2em;"><i>Center Closed</i></p>	25 <div style="text-align: center;"></div> <p style="text-align: center; color: brown; font-size: 1.2em;"><i>Center Closed</i></p>
28 9:00 Coffee & Conversation 10 Bread/Baked Goods 11:00 Silver Sneakers 12 Lunch 12:30 Bingo 9-3 Games/Cards/Puzzles	29 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 Living History 11 Mental Gymnastics 12 Lunch 12:45 Chair Yoga 1-2 Aqua-Kendal 1-3 YMCA 9-3 Games / Cards / Puzzles	30 8:30 New You! (CR) 9:00 Coffee & Conversation 10 Bread/Baked Goods 10 KASC Book Club 11:00 Silver Sneakers 12 Lunch 11:45 Produce 12:45 Movie Matinee "Ratatouille" 12:45-3 Photo Class (CR) 9-3 Cards/Games/Puzzles		

Please note activities subject to change without notice. (SH): Shade Hall (WE): Wendel (CR): Community Room