


KASC Daily Lunch Menu - September 2022

Contact us at (610) 444-4819 to reserve your meal by 3:00 pm Monday for the FOLLOWING week or sign up in the lunch binder.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
PLEASE BE AWARE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE – Lunch served at 12:00 pm			1 Meatloaf w/ Gravy Mashed Potatoes Green Beans Dinner Roll Chocolate Pudding	2 Seasoned Chicken Brown Rice Brussel Sprouts Dinner Roll Pear
5 KASC CLOSED FOR LABOR DAY HOLIDAY 	6 Chicken Cordon Bleu Brown Rice Mixed Vegetables Dinner Roll Peaches	7 Turkey Burger w/ Swiss, Mushrooms and Onions Sweet Potato Fries Broccoli Salad Water Ice	8 Breakfast for Lunch French Toast Casserole Sausage Breakfast Potatoes Fresh Fruit	9 MANAGER'S CHOICE
12 Beef Stroganoff Egg Noodles Green Beans Wheat Bread Cantaloupe	13 Chicken Marsala Roasted Potatoes Green Beans Banana	14 Italian Hoagie Pasta Salad Baked Chips Ice Cream Cup	15 Glazed Ham Au Gratin Potatoes Carrots Wheat Bread Oatmeal Crème Pie	16 Lasagna Parmesan Broccoli Dinner Roll Chocolate Chip Cookie
19 Grilled Chicken Alfredo Noodles Broccoli Sugar Cookie	20 Turkey Club Sandwich Cole Slaw Potato Chips Applesauce	21 Pepper Steak Brown Rice Sugar Snap Peas w/ Shredded Carrots Cupcake & Ice Cream	22 BBQ Pulled Pork Sandwich Oven Baked Fries Baked Beans Honeydew	23 KASC CLOSED FOR YARD SALE PREP
26 Swedish Meatballs Egg Noodles Brussel Sprouts Wheat Bread Fruit Crisp	27 Open Faced Roast Beef Sandwich Wheat Bread Mashed Potatoes Winter Blend Veggies Orange	28 Chicken Lo Mein Edamame Oriental Blend Veggies Vanilla Pudding	29 Chef Salad Dinner Roll Angel Food Cake w/ Strawberries	30 Baked Penne Pasta Meatballs Romano Blend Veggies Italian Bread Pineapples

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services. **IMPORTANT NOTICE:** Lunch that must be consumed at the Senior Center. For health and safety reasons, perishable food may not be removed from the Center. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.