



Check out our
Activity
Calendar on
the next page
for more
activities!

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Call or email for
Volunteer
opportunities
or to discuss
upcoming
programs or events

MARK YOUR CALENDAR IMPORTANT DATES – March 2019

3/1	Fri.	Genealogy w/ John Beck	9:00am-12:00pm
3/2	Sat.	"Mardi Gras" Dinner Dance (see ad)	5:30pm-8:30pm
3/4	Mon.	NO Gentle "Chair" Yoga	
3/5	Tues.	Mental Gymnastics	10:00am-11:00am
3/6	Weds.	Alzheimer's Support Group	10:00am-12:00pm
		NO Sing-a-Long	
		Celebration of Life (see ad)	1:00pm-3:00pm
3/7	Thurs.	Medicare Counseling (by appointment only)	9:00am-2:00pm
		Words of Life Study	10:00am-11:00am
		Movie	10:00am-12:00pm
3/8	Fri.	Genealogy w/ John Beck	9:00am-12:00pm
3/11	Mon.	NO Gentle "Chair" Yoga	
3/12	Tues.	Mental Gymnastics	10:00am-11:00am
		Book Club (see ad)	10:00am-11:00am
		"Luck of the Irish" Tea Party	2:00pm-3:30pm
3/13	Weds.	Sing-a-Long	12:30pm-1:30pm
		Audiologist	1:00pm-4:00pm
3/14	Thurs.	Medicare Counseling (by appointment only)	9:00am-2:00pm
		Words of Life Study	10:00am-11:00am
		Blood Pressure Screening	10:30am-11:30am
		Constituent Outreach (see ad)	11:00am-12:00pm
3/15	Fri.	Genealogy w/ John Beck	9:00am-12:00pm
		Mind Matters (see ad)	12:30pm-1:30pm
3/17	Sun.	Sunday Dinner with Friends (see ad)	1:00pm-3:00pm
3/18	Mon.	Gentle "Chair" Yoga	2:00pm-3:00pm
3/19	Tues.	Mental Gymnastics	10:00am-11:00am
		Member Director Meeting (Wendel)	11:00am-12:00pm
3/20	Weds.	Entertainment: Last Chance (see ad)	11:00am-12:00pm
		Birthday Luncheon	12:00pm-12:30pm
		NO Sing-A-Long	
		Presentation on SLEEP (see ad)	12:45pm-2:00pm
3/21	Thurs.	Medicare Counseling (by appointment only)	9:00am-2:00pm
		Words of Life Study	10:00am-11:00am
		AARP Safe Driver Course	12:30pm-4:30pm
3/22	Fri.	Genealogy w/ John Beck	9:00am-12:00pm
		Laugh Out Loud	10:00am-11:00am
3/25	Mon.	Gentle "Chair" Yoga	2:00pm-3:00pm
3/26	Tues.	Mental Gymnastics	10:00am-11:00am
3/27	Weds.	Sing-A-Long	12:30pm-1:30pm
3/28	Thurs.	Medicare Counseling (by appointment only)	9:00am-2:00pm
		Words of Life Study	10:00am-11:00am
3/29	Fri.	Genealogy w/ John Beck	9:00am-12:00pm
April			
4/4	Thurs.	Blood Drive (see ad)	1:00pm-6:00pm
4/6	Sat.	"A Night Under the Stars" Senior Prom (see ad)	5:30pm-8:30pm
4/7	Sun.	Book Shoppe Literary Forum @ KASC	2:00-4:00pm
4/24	Weds.	ROVER Outreach	10:00am-11:00am