

# KASC Center Activities – March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<p>Book Shoppe: M-W 10:00AM-4:00pm TH-S 10:00am-5:00pm</p> <p>Staller Center (Computers) M-F 8:00am-5:00pm except when class or meeting is in session or Center is CLOSED</p> <p>BPS Blood Pressure Screenings * @ Kendal Fitness Center ** @ Crosslands Pool *** @ YMCA</p>				<p>1. 6-9 BNI Brkfst (W) 9 Medicare 9:30 Line Dancing 10 Bible Study (R) 11 SilverSneakers 12:30-2 Bingo 1-3 YMCA*** 2 Tech Help (Stlr) 6:30 Line Dancing</p>	<p>2. <b>9-2:30 AARP TxS</b> 9-12 Genealogy 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) <b>NO SilverSneakers</b> 1-2 AquaCrosslands** 5-9 BINGO</p>	3.
4.	<p>5. 9 Needlework 9:30 Rubber Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)</p>	<p>6. <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History 10 Arts &amp; Crafts <b>10:30-11 Pet Therapy</b> 12:30 Poker 1-2 AquaKendal* 1-3 YMCA***</p>	<p>7. 8-10 Trevoze (W) <b>10-12 Alzheimer's Support Group (R)</b> 10-11 Games 11 SilverSneakers 11 Legislative Mtg(Stlr) <b>NO</b> Sing-A-Long 1-2 Digital Photo (Stlr) 1:30 Scrapbooking</p>	<p>8. 6-9 BNI Brkfst (W) 9 Medicare 9:30 Line Dancing 10 Bible Study (R) <b>10:30 BPS (W)</b> 11-12 Constituent Outreach 11 SilverSneakers 12:30-2 Bingo 1-3 YMCA*** 2 Tech Help (Stlr) <b>2-4 Collette Trips</b> <b>4-5 Mktg/Dev (R)</b> 6:30 Line Dancing</p>	<p>9. <b>9-2:30 AARP Taxes</b> 9-12 Genealogy 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) <b>NO SilverSneakers</b> 1-2 AquaCrosslands** 5-9 BINGO</p>	10.	
11.	<p>12. 9 Needlework 9:30 Rubber Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)</p>	<p>13. TEA PARTY <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History <b>NO</b> Arts &amp; Crafts <b>10 Book Club (Stlr)</b> <b>10:30-11 Pet Therapy</b> 1-2 AquaKendal* 1-3 YMCA*** 2-3:30 Tea Party</p>	<p>14. 8-10 Trevoze (W) 10-11 Games <b>10-11 Domestic Violence-Elder Abuse</b> 11 SilverSneakers 11 Legislative Mtg(Stlr) <b>NO</b> Sing-A-Long <b>12:30-2 Candidate Forum</b> 1-2 Digital Photo (W) 1-3 Staff Mtg 1-4 Audiologist (Stlr) <b>4 OrgDev Mtg (R)</b></p>	<p>15. 6-9 BNI Brkfst 9 Medicare 9:30 Line Dancing 10 Bible Study (R) 11 SilverSneakers <b>NO</b> Tech Help 12:30 Bingo <b>12:30-4:30 AARP Safe Driver Course</b> (R) 1-3 YMCA*** 6:30 Line Dancing</p>	<p>16. <b>8-9:30 FINANCE Comm Mtg (W)</b> <b>9-2:30 AARP Taxes</b> 9-12 Genealogy 9:30 Not Just Quilts (R) <b>10-11 Program Comm Mtg (W)</b> <b>NO</b> Tech Help 1-2 AquaCrosslands** 5-9 BINGO</p>	17.	
18. Sunday Dinner with Friends 1-3pm	<p>19. 9 Needlework 9:30 Rubber Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)</p>	<p>20. <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History (R) <b>NO</b> Arts &amp; Crafts <b>10:30-11 Pet Therapy</b> <b>11 MemDir Mtg. (W)</b> <b>12:30 Ask Your Pharmacist</b> 1-2 AquaKendal* 1-3 YMCA***</p>	<p>21. BIRTHDAY 8-10 Trevoze (W) <b>NO</b> Games <b>NO</b> SilverSneakers <b>NO</b> Legislative Mtg <b>NO</b> Sing-A-Long <b>9:30-11 New Member Orientation</b> 11 Entertainment - Cindy McGrath on Piano <b>12:30-1:30 Book Talk</b> 1-2 Digital Photo (Stlr) 1:30 Scrapbooking</p>	<p>22. 6-9 BNI Brkfst(W) 9 Medicare 9:30 Line Dancing 10 Bible Study (R) 11 SilverSneakers <b>NO</b> Bingo <b>12:30 MOVIE: "Electronic Crack"by Joe Piner</b> 1-3 YMCA*** 2 Tech Help (Stlr) 6:30 Line Dancing</p>	<p>23. <b>9-2:30 AARP Taxes</b> 9-12 Genealogy 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) 1-2 AquaCrosslands** 5-9 BINGO</p>	24.	
25.	<p>26. 9 Needlework 9:30 Rubber Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)</p>	<p>27. <b>7:30-9 BOD (W)</b> <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History (R) 10:00 Arts &amp; Crafts <b>10:30 Pet Therapy</b> 10:30 Audiologist 12:30-2 Poker 1-2 AquaKendal* 1-3 YMCA***</p>	<p>28. 8-10 Trevoze (W) 10-11 Games 10-11 Rover Talk (R) <b>10 Ted's Piano</b> 11 SilverSneakers 11 Legislative Mtg(Stlr) 12:30 Sing-A-Long 1-2 Digital Photo (Stlr) 1:30 Scrapbooking</p>	<p>29. 6-9 BNI Brkfst(W) <b>10-4 AARP Taxes (W)</b> 9 Medicare 9:30 Line Dancing 10 Bible Study (R) 11 SilverSneakers 12:30 Bingo 1-3 YMCA*** 2 Tech Help (Stlr) 6:30 Line Dancing</p>	<p>30. <b>GOOD FRIDAY</b> <b>Center is Closed</b>  5-9 Bingo No Kitchen, No Food</p>		

Calendar activities subject to change due to unforeseen circumstances.