

# KASC Center Activities – February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1. 6-9 BNI Brkfst (W) 9 Medicare 9:30 Line Dancing 10 Bible Study (R) 11 SilverSneakers 12:30-2 Bingo 1-3 YMCA*** 2 Tech Help (Stlr) 6:30 Line Dancing	2. <b>9-2:30 AARP Taxes</b> 9-12 Genealogy 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) <b>NO SilverSneakers</b> 1-2 AquaCrosslands** 5-9 BINGO	3.
4.	5. 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)	6. <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History 10 Arts & Crafts <b>10:30-11 Pet Therapy</b> 12:30 Poker 1-2 AquaKendal* 1-3 YMCA***	7. 8-10 Trevoze (W) <b>10-12 Alzheimer's Support Group (R)</b> <b>10-11 Games</b> 10-11 Debt Relief (W) 11 SilverSneakers 11 Legislative Mtg(Stlr) <b>NO</b> Sing-A-Long 12:30-2 Candidate Forum 1-2 Digital Photo (Stlr) 1:30 Scrapbooking	8. <b>6-8:30 Rotary (S)</b> 6-9 BNI Brkfst (W) 9 Medicare 9:30 Line Dancing 10 Bible Study (R) <b>10:30 BPS (W)</b> <b>NO</b> Constituent Outreach 11 SilverSneakers 12:30-2 Bingo 1-3 YMCA*** 2 Tech Help (Stlr) <b>4-5 Mktg/Dev (R)</b> 6:30 Line Dancing	9. <b>9-2:30 AARP Taxes</b> 9-12 Genealogy 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) <b>NO SilverSneakers</b> 1-2 AquaCrosslands** 5-9 BINGO	10.
11.	12. 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)	13. <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History 10 Arts & Crafts <b>10 Book Club (Stlr)</b> <b>10:30-11 Pet Therapy</b> 1-2 AquaKendal* 1-3 YMCA***	14. 8-10 Trevoze (W) <b>10-11 Games</b> 11 SilverSneakers 11 Legislative Mtg(Stlr) <b>NO</b> Sing-A-Long 1-2 Digital Photo (W) 1-3 Staff Mtg 1-4 Audiologist (Stlr) 1:30 Scrapbooking 4 OrgDev Mtg (R)	15. 6-9 BNI Brkfst 9 Medicare 9:30 Line Dancing 10 Bible Study (R) 11 SilverSneakers <b>NO</b> Tech Help 12:30 Bingo <b>NO</b> AARP Safe Driver Course (R) 1-3 YMCA*** 6:30 Line Dancing	16. <b>8-9:30 FINANCE Comm Mtg (W)</b> <b>9-2:30 AARP Taxes</b> 9-12 Genealogy 9:30 Not Just Quilts (R) <b>10-11 Program Comm Mtg (W)</b> <b>NO</b> Tech Help 1-2 AquaCrosslands** 5-9 BINGO	17. Valentine's Dinner Dance 6:00-9:30 pm
18. Sunday Dinner with Friends 1-3pm	19. 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)	20. <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History (R) <b>NO</b> Arts & Crafts <b>10:30-11 Pet Therapy</b> <b>11 MemDir Mtg. (W)</b> <b>12:30 Ask Your Pharmacist</b> 1-2 AquaKendal* 1-3 YMCA***	21. BIRTHDAY LUNCH 8-10 Trevoze (W) <b>NO</b> Games <b>NO</b> SilverSneakers <b>NO</b> Legislative Mtg <b>NO</b> Sing-A-Long 11 Entertainment - Hal DeHaven on Piano 1-2 Digital Photo (Stlr) 1:30 Scrapbooking	22. 6-9 BNI Brkfst(W) 9 Medicare 9:30 Line Dancing 10 Bible Study (R) 11 SilverSneakers 12:30 Bingo 1-3 YMCA*** 2 Tech Help (Stlr) 6:30 Line Dancing	23. <b>9-2:30 AARP Taxes</b> 9-12 Genealogy 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) 1-2 AquaCrosslands** 5-9 BINGO	24.
25.	26. 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo <b>1-2 Gentle YOGA (W)</b> 6:30 Weight Watchers (S)	27. <b>7:30-9 BOD (W)</b> <b>9-2:30 AARP Taxes</b> 9 Needlework 9:30 Living History (R) 10:00 Arts & Crafts <b>10:30-11 Pet Therapy</b> 10:30 Audiologist 12:30-2 Poker 1-2 AquaKendal*	28. 8-10 Trevoze (W) 10-11 Games 11 SilverSneakers 11 Legislative Mtg(Stlr) <b>NO</b> Sing-A-Long 1-2 Digital Photo (Stlr) <b>1-3 Celebration of Life</b> 1:30 Scrapbooking	Book Shoppe: M-W 10:00AM-4:00pm TH-S 10:00am-5:00pm Staller Center (Computers) M-F 8:00am-5:00pm except when class or meeting is in session or Center is CLOSED BPS Blood Pressure Screenings * @ Kendal Fitness Center ** @ Crosslands Pool *** @ YMCA		

Calendar activities subject to change due to unforeseen circumstances.